

Have a Great Day!

Bronx Academy of Promise  
Lunch Menu  
March 2019

Meal Includes: Meat/Meal Alternate, Grains, Fruit and Milk



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 <b>Happy Birthday Dr. Seuss</b> Roasted Beef Frankfurters on Whole Wheat Roll Oven Fries Turkey & Cheese on Whole Wheat Bread Fresh or Cupped Fruit Non-fat & 1% Milk
4 <b>ITALIAN</b> Chicken Parmesan Penne Pasta w/ Tomato Sauce Broccoli Florets  Chicken Salad Sandwich in a Pita  Fresh or Cupped Fruit Non-fat & 1% Milk	5 <b>Mexican</b> Chipotle Chicken Quesadilla w/Guacamole, Sour Cream Corn Medley  Fresh Mozzarella, Tomato & Pesto Panini  Fresh or Cupped Fruit Non-fat & 1% Milk	6 <b>American</b> Sloppy Joe on a Bun Potato Wedges Baked Beans  Cuban Sandwich on a Panini  Fresh or Cupped Fruit Non-fat & 1% Milk	7 <b>Mediterranean</b> Grilled Chicken Herb Roasted Potatoes Vegetable Medley Dinner Roll Spicy Chicken Sandwich, Chipotle Mayo, Lettuce & Tomato  Fresh or Cupped Fruit Non-fat & 1% Milk	8 Pepperoni or Cheese Pizza Carrot Sticks  Sun Butter & Jelly Sandwich  Fresh or Cupped Fruit Non-fat & 1% Milk
11 <b>Italian</b> Spaghetti & Meatballs w/Marinara Sauce Green Beans  Meatball Sub w/Mozzarella Cheese on a Whole Grain Club Roll  Fresh or Cupped Fruit Non-fat & 1% Milk	12 <b>Mexican Taco Tuesday</b> Ground Beef Tacos w/Cheese Blend Crispy Corn Shell Seasoned Rice Roasted Corn & Beans  Turkey/Ham & Swiss on Whole Wheat Bread  Fresh or Cupped Fruit Non-fat & 1% Milk	13 <b>American</b> Country-style Oven-Fried Chicken w/Macaroni & Cheese Collard Greens  Tuna Salad Sandwich on Whole Wheat Bread  Fresh or Cupped Fruit Non-fat & 1% Milk	14 <b>Irish</b> Corned Beef Braised Potato & Cabbage Soda Bread Roll  Grilled Tomato & Cheese Panini  Fresh or Cupped Fruit Non-fat & 1% Milk	15 Pepperoni or Cheese Pizza Carrot Sticks  Salami & Cheese on Whole Wheat Bread  Fresh or Cupped Fruit Non-fat & 1% Milk
18 <b>American</b> Hamburgers & Cheeseburgers on a Roll Waffle Fries Seasoned Corn  Pastrami on Rye Bread  Fresh or Cupped Fruit Non-fat & 1% Milk	19 <b>Mexican</b> Chicken Burrito on a Flour Tortilla w/Pico de Gallo & Cheese Blend Brown Rice Black Beans Crispy Chicken Wrap w/Cheese, Lettuce & Tomato  Fresh or Cupped Fruit Non-fat & 1% Milk	20 <b>Italian</b> Cheese Stuffed Shells w/Marinara Sauce Sautéed Spinach Garlic Bread  Italian Sub Sandwich w/Turkey, Salami, Provolone, Lettuce & Tomato  Fresh or Cupped Fruit Non-fat & 1% Milk	21 <b>French</b> Chicken Francaise Rice Pilaf Haricot Verts  Grilled Cheese Sandwich  Fresh or Cupped Fruit Non-fat & 1% Milk	22 Pepperoni or Cheese Pizza Carrot Sticks  Turkey & Cheese on Whole Wheat Bread  Fresh or Cupped Fruit Non-fat & 1% Milk
25 <b>Italian</b> Meatball Sub w/Marinara Sauce & Mozzarella Cheese Baked Chips Broccoli Florets  Tuna Salad Sandwich on Whole Wheat Bread  Fresh or Cupped Fruit Non-fat & 1% Milk	26 <b>Mexican</b> Chicken Fajita w/Flour Tortilla Rice & Beans  Turkey BLT Wrap w/Lettuce & Tomato  Fresh or Cupped Fruit Non-fat & 1% Milk	27 <b>Greek</b> Greek-style Baked Chicken Roasted Mediterranean Potatoes Mixed Vegetables Pita Bread  Chicken Gyro on a Pita w/ Lettuce & Tomato and Tzatziki Sauce  Fresh or Cupped Fruit Non-fat & 1% Milk	28 <b>American</b> Chicken Tenders w/Ranch Dipping Sauce Puzzle Potatoes Cole Slaw Collard Greens Whole Wheat Bread Spicy Chicken Sandwich w/Lettuce & Tomato on a Hard Roll  Fresh or Cupped Fruit Non-fat & 1% Milk	29 Pepperoni or Cheese Pizza Carrot Sticks  Salami & Cheese on Whole Wheat Bread  Fresh or Cupped Fruit Non-fat & 1% Milk

Water available at every meal  
This institution is an equal opportunity provider