

Lunch orders must be placed through Lunch Direct by Wednesday for the following week.

AUGUST 2019

WESTLAKE PREP

Lunches Provided By:
 Roadrunner Foods
 (p) 281-565-7902
 (f) 281-565-7904
 RoadrunnerFoodService.com

Monday

Tuesday

Wednesday

Thursday

Friday

			1	2
5	6	7	8	9
12	13	14	15	16
19 Chicken Fajita Tacos w/ Grilled Bell Peppers & Monterey Jack Cheese Spanish Rice, Refried Beans Seasonal Fresh Fruit V: Cheese Quesadillas	20 Beef Cheeseburger Mashed Sweet Potatoes Green Beans Seasonal Fresh Fruit V: Veggie Burger	21 Parmesan Crusted Tilapia over Steamed Rice, Sweet Peas Pita Bread Triangles Seasonal Fresh Fruit V: Grilled Cheese	22 Rotini Pasta w/ Marinara Sauce & Parmesan, Chicken Meatballs Wheat Rolls Seasonal Fresh Fruit V: Rotini Pasta w/ Marinara Sauce	23 Pizza Friday
26 French Toast Sticks w/ Syrup Hashbrowns w/ Diced Bell Peppers Turkey Sausage Patty Seasonal Fresh Fruit V: Veggie Sausage Patty	27 Fettucine w/ Grilled Chicken in a Creamy Alfredo Sauce Oven Roasted Baby Carrots Wheat Roll Seasonal Fresh Fruit V: Fettucine Alfredo Pasta	28 Southwest Lentils over Rice w/ Grilled Turkey Sausage California Veggie Blend Wheat Roll Seasonal Fresh Fruit V: Southwest Lentils over Rice	29 Oven Baked Chicken Tenders Macaroni & Cheese Mixed Veggies Seasonal Fresh Fruit V: Veggie Nuggets	30 Pizza Friday

SIGN UP NOW TO ORDER SCHOOL LUNCHES!

WWW.LUNCHDIRECT.COM

SCHOOL CODE: **233000**

