



The Academy of Education and Leadership Independent Goals and Career Project

“Creative visualization is real. It's a powerful force that works to shape future outcomes.”
- Harvard Medical School

As you begin your high school career at New Dorp High School, we want to learn more about you, your personality, your likes and dislikes, what motivates you, how you describe yourself, your career choices, your goals and your dreams for the future. Do you have specific career goals yet? Are you looking to be an elementary school teacher? A guidance counselor? A speech teacher? An occupational therapist? A high school teacher? Or maybe a future administrator? What path will you have to take to achieve your goals? Do you have a college in mind? Well, in a blink of an eye, your four years of high school will be completed and you will be heading to college, so it is important to stay focused right from the beginning of high school. As you start the project described below, please engage in an internet search for your career choice. Find some colleges that offer a major in that choice of career. What are some of the things that appeal to you about some of these colleges? Will you stay close? Will you go away and dorm? Will the cost of the college play a role in your decision?

Step 1: In order to share some of the information discussed above, we are asking you to create a “Vision Board”. A vision board (also known as a “dream board”) is a visual representation of all the dreams and goals you want to accomplish in your life, not just your future career. It serves not only as inspiration, but also as motivation. Find pictures, graphs, or diagrams that illustrate your goals in life and make it look appealing to others. You should have a minimum of 15 images to make your poster visually interesting, but don't forget to include some text. Search for inspirational quotes you feel strongly about. Write about a particular goal you feel strongly about. You must have at least 1 picture, 1 written goal, 1 quote, and 1 symbol to represent your goals and dreams. The other 11 images are up to you. Remember, for every image you add to your board, you should be able describe in detail how you are working towards making this dream come true in your life! By taking the time to create a vision board, you are taking the time to really stop and think about the things you want to achieve in life. Check the rubric to make sure you included everything and be prepared to share.

Step 2: You will need:

- A large piece of poster or foam board
- Glue or tape to affix your images
- Magazines, books, or the Internet for images
- Miscellaneous art supplies

Your dream board is the summer assignment for entering students into **The Academy of Education and Leadership**.

Please answer the following questions in paragraph form and submit with your vision board:

1. What did you learn about yourself, your interests, and your current skills? How did this influence the career you chose?
2. Which college did you research attending? What made this school stand out from the rest?
3. What are the different dreams and goals you want to be realized by the time you graduate from high school? What steps do you need to take in order to accomplish these goals?
4. What kinds of things can you do NOW to become better prepared for life after high school?



The Academy of Education and Leadership
Summer Reading Assignments
The 7 Habits of Highly Effective Teens by Sean Covey

Your Summer Reading Assignments includes **both reading and writing**. In the chart below, assignments are organized in a suggested schedule to help ensure that all of your work is completed for the start of the school year. You will notice that there are **15 short writing assignments**. Each writing assignment must be completed in **full sentences**, either typed or handwritten. Please take care to write thoughtfully and carefully, **quality is more important than quantity**.

SUGGESTED CALENDAR	ASSIGNMENT	ASSIGNMENT DESCRIPTION
Weeks 1 & 2	Reading	pp. 1-28
	Writing # 1	Write your own definition for the word "habit."
	Writing # 2	After reading "The 7 Habits of Highly Effective Teens" (p. 7,) identify some bad habits you are practicing.
	Writing # 3	After reading "The 7 Habits of Highly Effective Teens" (p. 9,) identify the habits you would like to improve upon.
	Writing # 4	Why are paradigm shifts important?
Week 3	Reading	pp. 31-72
	Writing # 5	Explain the "Four Human Tools."
Week 4	Reading	pp. 73-104
	Writing # 6	What does "Begin with the End in Mind" mean? Use examples from this week's reading to explain your answer.
Week 5	Reading	pp. 105-127
	Writing # 7	In your own words, define urgent.
	Writing # 8	In your own words, define important.
Week 6	Reading	pp. 131-162
	Writing # 9	<p><u>Choose one of the following statements:</u></p> <p style="text-align: center;"><i>"The 'Private Victory' is the foundation for thinking win-win!"</i></p> <p style="text-align: center;">or</p> <p style="text-align: center;"><i>"Think 'win-win' is the foundation for getting along with others."</i></p> <p>In your own words, explain the quote. Using specific and relevant information from this week's reading, support your explanation.</p>
Week 7	Reading	pp. 163-180
	Writing # 10	Explain the five poor listening styles. Which do you struggle with and which ones are you going to practice undoing during the Fall semester?
Week 8	Reading	pp. 181-202
	Writing # 11	Refer to the poem on p. 192. Write a paragraph about prejudging others. Use specific and relevant examples from the poem and chapter to explain the idea of prejudging others.

Week 9	Reading	pp. 205-242
	Writing # 12	Refer to pp. 208-215: <i>Caring for your Body</i> . What strikes your interest? Which ideas would you be willing to follow up on?
Week 10	Reading	none
	Writing # 13	Refer to pp. 216-217: <i>Caring for your Brain</i> . Which ideas do you like best? Which would you be willing to follow up on?
	Writing # 14	Refer to pp. 228-233: <i>Caring for your Heart</i> . Which ideas do you like best? Which would you be willing to follow up on?
	Writing # 15	Refer to pp. 234-241: <i>Caring for your Soul</i> . Which ideas do you like best? Which would you be willing to follow up on?