



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# PLAY & EXCEL AFTER THE BELL

## HOPEWELL VALLEY YMCA AFTER SCHOOL ENRICHMENT AT STONY BROOK

The Hopewell Valley YMCA is pleased to offer a selection of after school enrichment programs right in your child's school. Kids can play, learn and excel after the bell without ever having to get in the car! Children enrolled in our After School care will be escorted directly to the program after enrichment class.

Program	Grade	Day	Time	Dates	Price
Dance Fusion	K-2	Monday	3:45 —4:30 pm	04/15/19 –06/03/19	\$125
Basketball Basics	K-2	Wednesday	3:45—4:30 pm	04/17/19—06/05/19	\$125
Worldwide of Sports	2-5	Tuesday	3:45—4:30 pm	04/16/19—06/04/19	\$125

**CHECK OUT THESE AND MORE SPRING PROGRAMS AT  
HVYMCA.ORG .**

Hopewell Valley YMCA, 609-737-3048. [hvymca.org](http://hvymca.org)



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY



## Learn something new or play your favorite sport!

All Hopewell Valley YMCA After-school Enrichment programs will run on a 7 week session. Register online at [hvymca.org](http://hvymca.org).



### Dance Fusion

Dance Fusion will focus on Ballet, Yoga and Pilates disciplines. Each week, students will get to dive in and work to strengthen their disciplines in each of the 3 areas of focus. This class is a great way to expose your student to the world of Dance, Yoga, and Pilates.

### Basketball Basics

Basketball Basics is a program that offers fun, age – appropriate skills, drills and games to expand on the participant's love of basketball. Participants will learn to develop their individual skills by working on conditioning and agility drills, along with building on fundamental basketball drills; dribbling, shooting, passing, defense, teamwork and discipline.

### Worldwide of Sports

Worldwide of Sports focuses on playing a different sport each week and having fun. Each week students will get to play a new game and enjoy the wide assortment of sports. Sports include basketball, dodgeball, kickball, soccer, floor hockey and more!



WHAT WILL YOU DISCOVER?