

September **Be Kind**

2018-2019 Wapato School District Food & Nutrition Services

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|--|--|---|---|
| 3 Labor Day No School | 4 Cereal, Toast w/Jelly, Juice, Fruit Choice & Milk <hr/> Turkey Sandwich w/Cheese, Lettuce & Tomato Chips Vegetable Medley Fruit Choice | 5 Yogurt, Toast, Juice, Fruit Choice & Milk <hr/> Chicken Nuggets w/Dipping Sauce Fries Bread Stick Vegetable Medley Vegetarian Beans Fruit Choice 1-Hour Early Release | 6 Ham & Egg Sandwich, Juice, Fruit Choice & Milk <hr/> HS/MS Nacho Supreme Nachos Salsa Vegetable Medley Fruit Choice | 7 Bagel, Cinnamon Cream Cheese, Juice, Fruit & Milk <hr/> Beef & Bean Burrito w/Salsa Spanish Rice Vegetable Medley Fruit Choice |
| 10 Apple Muffin, Juice, Fruit & Milk <hr/> Cheese Pizza w/Dipping Sauce Vegetable Medley Romaine Salad w/Dressing Fruit Choice | 11 Pancake Sausage on a Stick w/syrup, Fruit & Milk <hr/> Ham Sandwich w/Cheese, Lettuce & Tomato Chips Vegetable Medley Fruit Choice | 12 Quesadilla, Fruit, Juice & Milk <hr/> Hot Dog w/Mustard & Ketchup Fries Vegetable Medley Fruit Choice 1-Hour Early Release | 13 Waffle Sticks w/Syrup, Sausage Patty, Fruit, Juice & Milk <hr/> Spaghetti w/Meat Sauce Bread Stick Romaine Salad w/Dressing Vegetable Medley Fruit Choice | 14 Cereal, Toast w/Jelly, Fruit & Milk <hr/> Chicken Sandwich w/Green Leaf Lettuce & Tomato Fries Baked Beans Fruit Choice |
| 17 Breakfast Burrito, Juice, Fruit & Milk <hr/> Pepperoni Pizza w/Dipping Sauce Romaine Salad w/Dressing Vegetable Medley Fruit Choice | 18 Yogurt, Graham Crackers, Juice, Fruit & Milk <hr/> Chef Salad w/Cheese, Ham & Turkey Buttered Bread Vegetable Medley Fruit Choice | 19 French Toast w/Syrup, Sausage Patty, Juice, Fruit & Milk <hr/> Soft Taco w/Lettuce, Cheese, & Salsa Rice Vegetable Medley Fruit Choice 1-Hour Early Release | 20 Breakfast Combo Bar, Toast w/Jelly, Juice, Fruit & Milk <hr/> Chicken Dippers Rice Broccoli Vegetable Medley Fruit Choice | 21 Donut Bar, Cheese Stick, Fruit, Juice & Milk <hr/> Corn Dog w/Mustard & Ketchup Chips Baked Beans Vegetable Medley Fruit Choice |
| 24 Cereal, Toast w/Jelly, Fruit, Juice & Milk <hr/> Chicken Caesar Salad Bread Stick Vegetable Medley Fruit Choice | 25 Breakfast Pizza, Fruit, Juice & Milk <hr/> Macaroni & Cheese Lil' Smokies Vegetable Medley Fruit Choice | 26 Oatmeal w/Raisins, Toast w/Jelly, Fruit, Juice & Milk <hr/> Rib-Que Sandwich Fries Vegetable Medley Fruit Choice 1-Hour Early Release | 27 Yogurt, Toast w/Jelly, Fruit, Juice & Milk <hr/> Crispito Refried Beans Vegetable Medley Fruit Choice | 28 Grilled Cheese Sandwich, Fruit, Juice & Milk <hr/> Hot Ham Sandwich w/Green Leaf Lettuce & Tomato Fries Baked Beans Fruit Choice |

| Meal Prices | Lunch | Breakfast |
|-------------|--------|-----------|
| | \$3.00 | \$1.50 |
| Milk | .30 | .30 |

The Wapato School District will provide breakfast and lunch to students enrolled in the district each day at no charge according to the terms of the Community Eligibility Program (CEP) of the National School Lunch Act and state regulations. Students may purchase an additional meal or milk at the prices listed above.

| Important Dates | |
|-----------------------------|---------------------------|
| Wednesday | |
| 1-Hour Early Release | |
| Oct 17 -19 | MS/HS/PACE Conferences |
| Oct. 22-26 | Elementary Conferences |



For School Menus and other
School District Information
visit us on the web at
www.wapatosd.org



Menu is subject to change with out notice. All student meals are served with milk. *May Contain Nuts.



Be Respectful

The Wapato School District is
an Equal Opportunity Provider/
Employer and complies with the
requirements of the ADA.