



Hopewell Elementary School

September Chef Select Menu

infused with **Organic** ingredients, as noted

	Tuesday	Wednesday	Thursday
Week of 9/3 - 9/7	HAPPY LABOR DAY		Whole Grain Flatbread Pizza on Naan Bread with Homemade Organic Tomato Sauce, Fresh Basil from our Vertical Farm, Garlic, and Mozzarella Cheese served with a Romaine Garden Salad, and a Watermelon Wedge Vegetarian Friendly!
Week of 9/10 - 9/14	Organic Grilled Cheese Sandwich on Texas Toast served with Homemade Chicken and Organic Rice Soup with Homemade Cinnamon Applesauce	Homemade Colossal French Toast Wedges made with Organic Scrambled Eggs, Homemade Home Fried Potatoes, and Fresh Oranges Wedges Vegetarian Friendly!	Barbecue Pulled Organic Chicken on a Whole Grain Ciabatta Roll with Steamed Vegetables, and a Melon Slice
Week of 9/17 - 9/21	Organic Beef Burger with Cheese on a Bun served with an Optional Organic Fried Egg, Homemade Pesto Mayonnaise, Organic Ketchup, Homemade Cilantro Lime Slaw, and Red Grapes	Homemade Belgian Waffles with Choice of Organic Apple Chicken Sausage or Organic Scrambled Eggs, Hash Brown Potatoes, and Fresh Strawberries with Whipped Cream Vegetarian Friendly with Eggs!	Homemade Street Tacos Grilled Steak served in Soft Corn Tortillas with Homemade Organic Salsa, a Lime Wedge, Optional Cilantro from our Vertical Farm, Tortilla Strips, and a Watermelon Slice Vegetarian Option: Substitute Roasted Veggies
Week of 9/24 - 9/28	Homemade Chicken and Cheese Quesadilla Baked Quesadilla with Organic Chicken and Cheese served with Homemade Pico D' Gallo, Sour Cream, and Organic Mexican Rice Vegetarian Option: Roasted Veggie & Cheese Quesadilla	Homemade Breakfast Burrito Organic Scrambled Eggs with Diced Peppers and Onions, Shredded Cheddar Cheese, and Optional Turkey Bacon on a Whole Wheat Tortilla Wrap with Homemade Home Fried Potatoes, Organic Ketchup, and Citrus Wedges Vegetarian Friendly without Turkey Bacon!	Whole Grain Rotini Pasta with Homemade Organic Beef Meatballs topped with Miss Claire's Jersey Tomato Sauce, a Garden Salad with Homemade Herb Dressing made from our Vertical Farm with Jersey Cucumbers and Tomatoes, and Apple Wedges

Please submit your **Organic** order(s) online by visiting

<http://tinyurl.com/hesorgsept2018>

Orders must be placed by Tuesday, August 28, 2018



Your Chef's Select **Organic lunch includes the complete meal listed above and a hormone-free milk.**

*We use high quality ingredients to infuse healthy options into appealing meals. Chef's Select **Organic** meals are chef prepared with minimally processed ingredients and are prepared fresh each day in-district.*

"This institution is an equal opportunity provider."



POMPTONIAN
FOOD SERVICE