

Monday	Tuesday	Wednesday	Thursday	Friday
	No School 1 Happy New Year!	Homemade Muffins 2 Cereal Parfait Juice	Toasted Bagel with Cream Cheese 3 Cereal Fruit Juice	Fresh Baked Donut 4 Cereal Yogurt Fruit
Cereal Muffin String Cheese Juice 7	French Toast Sticks 8 Sausage Fruit	Homemade Muffin 9 Cereal Parfait Fruit	Breakfast Sandwich On an English Muffin 10 Fruit	Breakfast Pizza 11 Yogurt Fruit
Cereal Muffin String Cheese 14	Homemade Pancakes 15 Sausage Patties Fresh Fruit	Egg, Cheese, Turkey Bacon Croissanwich 16 Fruit	Homemade Cinnamon Roll 17 Cereal Parfait Fruit	Waffles & Syrup 18 Turkey Bacon Fruit
No School 21 Martin Luther King, Jr. Day	Cereal Choice Muffin String Cheese Fresh Fruit 22	Breakfast Pizza 23 Fruit	Sausage, Egg & Cheese Breakfast Biscuit 24 Fruit	Cereal Choice Muffin Yogurt Juice 25
Cereal Choice Muffin Parfait Juice 28	Pancakes Sausage Juice 29	Egg, Cheese, Turkey Bacon Croissant sandwich 30 Yogurt Juice	Toasted Bagel With Cream Cheese 31 Cereal Fresh Fruit	

All meals are served with Fruit, Salad and/or Vegetable. Ice cold milk served with every meal. All breaded chicken products used are whole grain and whole muscle, real meat. Our ketchup and tomato products do not contain high fructose corn syrup. All breads, pastas and cereals are whole grain. Questions about the menu or a student balance? Contact Linda Mailhot 422- 2017 ext. 119 or lmailhot@rsu24.org During the fall harvest months, we may change the menu to accommodate weekly harvest availability.

MENU IS SUBJECT TO CHANGE WITHOUT NOTICE. USDA is an equal opportunity provider and employer.