

Permission Form for SOPHOMORE RETREAT

Dear Parent(s)/Guardian(s) of _____
Your son has been invited to participate in a St. Mary's High School sponsored retreat.

Date/Time: 7:15am-5:00pm, Thursday November 14, 2019

Location: Lake Williamson Christian Center 17280 Lakeside Dr, Carlinville, IL 62626

Purpose: The VICTUS (Sophomore) Retreat is mandatory for all Sophomores and is one day off-campus. Led by the staff at St. Mary's and Lake Williamson Christian, sophomores will engage in conversations about overcoming obstacles and building community, as well as participate in a high-ropes course. **A waiver is also required from Lake Williamson and is attached to this form. Students must PACK A LUNCH and DRINK!**

Transportation: Your son will be transported via school bus, and he will be under the direct supervision of the faculty and staff members from St. Mary's High School.

Permission: I am/We are fully aware of the risks and hazards connected with the Activity which I/we understand could lead to bodily injury to Student and/or, among other things, loss or damage to Student's property. In consideration for allowing Student to participate in the Activity, I/we hereby release, waive, discharge and hold harmless St. Mary's High School, the Archdiocese of St. Louis and its affiliates and its and their officers, directors, members, employees, volunteers and agents (hereinafter referred to as "Releasees") from any and all liability, claims, demands, actions and/or causes of action whatsoever arising out of or related to any loss, damage, or bodily injury that Student may sustain, or to any property which I/we/student own, whether caused by the negligence of the Releasees, or otherwise, while participating in the Activity, or in route to or from the destination where the Activity is being conducted, provided that this release and hold harmless shall not apply to the willful misconduct of the Releasees.

Should it be necessary for Student to return home due to medical reasons, disciplinary actions or otherwise, I/we agree to assume all transportation costs, even those in excess of the cost of the return trip as paid for in advance. I/We agree that any film likenesses taken of the Student and any statements made while participating in the Activity may be used in future materials published by St. Mary's High School or news media.

In case of medical emergency, I/we, the undersigned, do hereby request and consent to examination and treatment of Student by any duly licensed medical professional or health care facility, and further accept full financial responsibility for charges for same, including ambulance charges.

IN SIGNING THIS ASSUMPTION OF RISK AND RELEASE AGREEMENT, I/WE ACKNOWLEDGE AND REPRESENT THAT I/WE have read the foregoing Agreement, understand all its provisions, and sign it voluntarily as my/our own free act and deed. I/We warrant that no oral representations, statements, or inducements apart from the foregoing written agreement, have been made.

Parent/ Guardian Name (**Printed**)

Parent/ Guardian **Signature**

Emergency Contact Number

Date

Please include any important medical information that would be helpful to know for this trip including medications that your son is currently taking (name of medication, frequency and amount of dose). Any medications should be packaged in a bottle with student's name, the name of medication, and written dosage instructions from a physician. Medications must be turned into an adult upon arriving for retreat.



Adventure Education & Team Building at Lake Williamson Christian Center

17280 Lakeside Drive ● Carlinville, IL 62626 Phone 800.500.5922 ● adventure@lakewilliamson.org

Waiver and Release of Liability

The programs of Lake Williamson’s Eagle Crest Adventures—including high ropes, team initiatives, caving, and outdoor education—offer participants the opportunity for individual and group growth. The very nature of these programs carry an inherent risk of injury, both minor and serious. Emotional risks include, but are not limited to fear, embarrassment, crying, and anger. Physical risk is also an inherent part of these programs. Common injuries include bumps, bruises, cuts, scrapes, and rope burns. Falls, missteps, tripping, and slipping may result in sprains, broken bones, and damage to back, neck, or other parts of the body. Activities that require physical lifting may result in back injuries or muscle strain. Caving programs carry the additional risk of injury and death from falling, rock fall, entrapment, and drowning.

In signing this document you agree:

1. You understand participation in Eagle Crest Adventures programs carries risk of minor and major emotional and physical injury. You understand it is not possible for this release to list all possible risk. You understand these risks can result in long-term, health-related issues, permanent disability, loss of work, loss of wages, and even death. You take upon yourself all physical, emotional and financial risk stemming from participation. You understand that at any time you have the right to decline participation.
2. You understand that with some pre-existing medical conditions strenuous activities may not be recommended. You understand that if you have questions regarding your physical health or a pre-existing medical condition, it is your responsibility to consult with your physician to determine your level of participation. You understand Lake Williamson staff and volunteers are not qualified to make medical assessments regarding participation.
3. You understand that alcohol and drug usage (both illegal and prescription drugs) can increase these risks, and you agree to not participate if you are under the influence of any substance, both legal and illegal.
4. You understand that pregnant women should not participate in Eagle Crest Adventure programs.
5. In case of injury, you agree to release, waive, discharge, hold harmless, defend, and indemnify any person providing initial first aid treatment. When you are unable to make medical decisions, you grant permission for Lake Williamson staff and volunteers to arrange medical transportation to a hospital and to convey any known medical information to professional medical staff.
6. Because you willing take these risks upon yourself, you waive your right to seek any financial compensation from Lake Williamson Christian Center and the Illinois District Council Assemblies of God, its directors, officers, staff, and facilitators (including all full-time and part-time employees and volunteers) from any and all claims, actions, or losses which may arise from participation, even claims that are considered “negligent.” Such financial compensation includes, but is not limited to, medical bills (including hospitalization, doctor visits, physical therapy and long-term disability), loss of wages, loss of personal property, and legal claims.
7. You, on behalf of yourself, your personal representatives, your dependents and your descendents, voluntarily agree to release, waive, discharge, hold harmless, defend, and indemnify Lake Williamson Christian Center, the Illinois District Council Assemblies of God, its directors, officers, staff, and facilitators from any and all claims, actions, or losses which may arise from participation.
8. If, after *clearly waiving your rights* to seek financial compensation stemming from participation, you, your personal representatives, your relatives, your dependents or your descendents pursue legal action, you agree:
 - a. All legal filings must take place in the jurisdiction of Macoupin County in the state of Illinois. No filings may take place outside of this jurisdiction.
 - b. This document can be presented in court showing that you *willingly* took upon yourself any and all risks involved and *willingly* waived the right to pursue financial compensation stemming from participation.
 - c. You agree the court can only throw out the clause or line that they find offensive, not the entire document.
 - d. You, your personal representatives, your dependents or your descendents are responsible for all fees (including, but not limited to legal expenses) occurred by Lake Williamson Christian Center, the Illinois District Council Assemblies of God, its directors, officers, staff, and facilitators in defending against all claims.

In consideration of my participation in the Eagle Crest Adventures programs of Lake Williamson Christian Center, I, on behalf of myself, my personal representatives, my relatives, my dependents and my descendents, hereby voluntarily agree to release, waive, discharge, hold harmless, defend, and indemnify Lake Williamson Christian Center and the Illinois District Council Assemblies of God, its directors, officers, staff, and facilitators from any and all claims, actions, or losses which may arise out of my participation in this event.

I agree to follow the instructions of Eagle Crest Adventures staff. I understand Eagle Crest Adventures staff retain the right to revoke permission granted to participate in the event and may terminate my participation at any time for any reason.

I grant permission for photos and videos taken of me during my participation to be used for Lake Williamson promotion.

I have read and understood this waiver. I sign it willing and assume all risk from my participation.

Signature: _____ Date: _____ Group: St Mary’s High School

Print Name: _____ Signature of Parent (if under age 18): _____

WHAT DO I NEED TO KNOW ABOUT THE VICTUS (SOPHOMORE) RETREAT?

WHAT IS IT? The *Victus* (Sophomore) Retreat is a day of activities, discussion, prayer, and class bonding. Reflection will focus on the challenges of living a life for God and others, overcoming obstacles, and achieving goals with the support of others. For half of the day you will also be participating in Lake Williamson's Eagle Crest High Ropes Course, under the facilitation of the Eagle Crest staff.

WHEN IS IT? This is has been scheduled for Thursday November 14, 2019. Students need to arrive to school at 7:15 am. Students will return to school at 5:00 pm.

WHERE IS IT? Lake Williamson Christian Center – 17280 Lakeside Drive, Carlinville, IL 62626. In the event of an emergency, parents should contact 217-854-4820.

WHAT DO I WEAR? You may dress down for retreat day. You MUST wear closed-toe shoes for the Ropes course. The barn that the Ropes course is held in does not heat well; students should dress **in layers** for a cool fall day. Please do not wear overly sagging pants as it will limit what you can do in the course. Finally, jewelry is not permitted on the course, so please leave it at home for the day.

WHAT SHOULD I EXPECT? Expect a day of challenge, relaxation, and fun with classmates and faculty members. You will spend half of your time on a high ropes course completing team challenges and half of the day with classmates and faculty building community. Coming with an open mind and a willingness to challenge yourself to participate in the activities of the day is the best way to prepare for retreat. DON'T come feeling as though you won't get anything out of the day because you aren't sure about where you stand with God. This is a day for reflecting about where you are and where you want to be.

WHAT DO I BRING? An open mind and a positive and prayerful attitude. Also - **YOUR LUNCH AND A DRINK!!!** Lunch will not be provided-so don't forget to bring it!