

Breakfast Menu

April 2019



Monday	Tuesday	Wednesday	Thursday	Friday
1	2 *Chicken & Waffle (260) 1% White Milk (156) Fat Free White Milk (65) Fruit (182)	3 Whole Grain Cereal, Whole Grain Bites, Dried Fruit (25) 1% White Milk (15) Fat Free White Milk (6)	4 *Whole Grain Cereal, Whole Grain Bites (250) 1% White Milk (188) Fat Free White Milk (62) Fruit (175)	5 Mini Confetti Pancakes Bites (245) 1% White Milk (147) Fat Free White Milk (61) Fruit (171)
8 Whole Grain Cereal, Whole Grain Bites, Dried Fruit (250) 1% White Milk (150) Fat Free White Milk (63)	9 Pancake & Chicken Sausage Patty (260) 1% White Milk (156) Fat Free White Milk (65) Fruit (182)	10 *Coffee Cake (25) 1% White Milk (15) Fat Free White Milk (6) Fruit (17)	11 *Whole Grain Cereal, Whole Grain Bites (250) 1% White Milk (188) Fat Free White Milk (62) Fruit (175)	12 Breakfast Cheese Tamal (260) 1% White Milk (156) Fat Free White Milk (65) Fruit (182)
15	16	17	18	19
22 *Pan Dulce (260) 1% White Milk (156) Fat Free White Milk (65) Fruit (182)	23 *French Toast Stix (250) 1% White Milk (150) Fat Free White Milk (63) Fruit (175)	24 *Mini Loaf, String Cheese (25) 1% White Milk (15) Fat Free White Milk (6) Fruit (17)	25 *Whole Grain Cereal, Whole Grain Bites (250) 1% White Milk (188) Fat Free White Milk (62) Fruit (175)	26 Boom Chicken Boom Breakfast Sandwich (260) 1% White Milk (156) Fat Free White Milk (65) Fruit (182)
29 *Banana Bread (230) 1% White Milk (138) Fat Free White Milk (58) Fruit (161)	30 Cinnamon Waffle Bites (260) 1% White Milk (156) Fat Free White Milk (65) Fruit (182)			

MENU SUBJECT TO CHANGE WITHOUT NOTICE

Breakfast includes one entrée, fruit, and fat free white milk or 1% white milk.
This institution is an equal opportunity provider.



Lunch Menu

April 2019



Monday	Tuesday	Wednesday	Thursday	Friday
1	2 -BBQ Western Cheeseburger, Oven Baked Fries (300) 1% White Milk (15) Fat Free Chocolate Milk (255) Fruit (240)	3 Turkey Chili, Corn Muffin (265) Fat Free Chocolate Milk (225) 1% White Milk (13) Fruit (212) Vegetable (79)	4 -Beef Hot Dog, Oven Baked Fries (250) Fat Free Chocolate Milk (213) 1% White Milk (13) Fruit (200)	5 Spaghetti & Meatballs w/ Marinara Sauce (240) Fat Free Chocolate Milk (204) 1% White Milk (12) Fruit (192)
8 Chicken Alfredo (260) 1% White Milk (13) Fat Free Chocolate Milk (221) Fruit (208) Vegetable (78)	9 -Chicken Patty Burger, Oven Baked Fries (260) Fat Free Chocolate Milk (221) 1% White Milk (13) Fruit (208)	10 Ham & Cheese Sandwich (100) Fat Free Chocolate Milk (85) 1% White Milk (5) Fruit (80) Vegetable (30)	11 Beef Nacho Potato Burrito (230) 1% White Milk (12) Fat Free Chocolate Milk (196) Fruit (184) Vegetable (69)	12 Chicken Nuggets, Cheesy Mashed Potatoes (255) 1% White Milk (13) Fat Free Chocolate Milk (217) Fruit (204)
15	16	17	18	19
22 Chicken BRC Burrito (260) 1% White Milk (13) Fat Free Chocolate Milk (221) Fruit (208) Vegetable (78)	23 -Cheeseburger, Oven Baked Fries (300) Fat Free Chocolate Milk (255) 1% White Milk (15) Fruit (240)	24 Carnitas Nachos (*Contains Pork), Tortilla Chips (265) Fat Free Chocolate Milk (225) 1% White Milk (13) Fruit (212)	25 Breakfast for Lunch- Pancakes, Sausage, Potato Tots (250) 1% White Milk (13) Fat Free Chocolate Milk (213) Fruit (200)	26 Green Chicken Enchiladas (270) 1% White Milk (14) Fat Free Chocolate Milk (230) Fruit (216)
29 Breaded Chicken Leg, Mac & Cheese (320) Fat Free Chocolate Milk (272) 1% White Milk (16) Fruit (256)	30 -BBQ Western Cheeseburger, Oven Baked Fries (320) 1% White Milk (16) Fat Free Chocolate Milk (272) Fruit (256)			

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