

**SAN LORENZO
UNIFIED SCHOOL DISTRICT
BOARD POLICY**

Instruction

BP 6142.1 (a)

**COMPREHENSIVE SEXUAL HEALTH EDUCATION AND
HIV/AIDS PREVENTION EDUCATION**

The Board of Education of the San Lorenzo Unified School District believes that a well planned sequence of instruction pertaining to human sexuality is essential to the general education of all students. Lack of information or pervasive misinformation can cause increased risk for sexually transmitted diseases, unintended pregnancy or sterility, and/or low self esteem. The Board also recognizes that education is a necessary component for slowing the spread of Human Immunodeficiency Virus (HIV) and Acquired Immune Deficiency Syndrome (AIDS). The District curriculum shall assist students in their understanding of the biological, psychological, social, moral, and ethical aspects of human sexuality in a comprehensive sexual health education program based on medically accurate factual information.

The District's program shall comply with the requirements of law and administrative regulation and shall respect the rights of parents and guardians to supervise their children's education on these subjects and to impart values regarding human sexuality to their children. The District superintendent or designee will draft regulations to implement this policy. Such regulations must ensure that parents are given an opportunity each year to make a well-informed decision excusing their children from all or part of comprehensive sexual health and HIV/AIDS prevention instruction. If the District plans to assess or evaluate students with the goal of designing such curriculum, regulations must ensure that no student is required to participate in such assessment without the prior written consent of a parent.

Legal References:

EDUCATION CODE

48980	Notice at beginning of term
51202	Instruction in personal and public health and safety
51240	Excuse from instruction due to religious beliefs
51513	Materials containing questions about beliefs or practices
51930-51939	Comprehensive Sexual Health and HIV/AIDS Prevention Education Act

HEALTH AND SAFETY CODE

1255.7	Parents surrendering physical custody of a baby
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PENAL CODE

243.4	Sexual battery
261.5	Unlawful sexual intercourse
271.5	Parents voluntarily surrendering custody of a baby

UNITED STATES CODE, TITLE 20

1232h	Protection of student rights
7906	Sex education

**SAN LORENZO
UNIFIED SCHOOL DISTRICT
ADMINISTRATIVE REGULATIONS**

Instruction

AR 6142.1 (a)

**COMPREHENSIVE SEXUAL HEALTH EDUCATION AND
HIV/AIDS PREVENTION EDUCATION**

- I. Comprehensive Sexual Health Education means education regarding human development and sexuality, including education on pregnancy, family planning, and sexually transmitted diseases.

The District's sex education program shall include the following criteria:

1. Be age appropriate and medically accurate
2. The instruction shall be appropriate for use with students of all races, genders, sexual orientation, ethnic and cultural backgrounds, and to students with disabilities
3. Instruction shall also be accessible to students with disabilities by providing, as necessary, modified curriculum, materials and instructions in alternative formats, and auxiliary aids
4. Instruction shall also be made available on an equal basis to English learners, consistent with the existing curriculum and alternative options for English learner students that are authorized by law
5. The instruction and materials shall encourage students to communicate with their parents or guardians about human sexuality
6. The instruction and materials shall teach respect for marriage and committed relationships

In addition to the above criteria, the District's comprehensive sexual health education instruction and materials shall also include the following information beginning in grade seven:

1. Emphasize that abstinence from sexual intercourse and sexual activity is the only certain way to prevent unintended pregnancy and sexually transmitted diseases, while also providing medically accurate and objective information on other methods of preventing pregnancy and sexually transmitted diseases.

2. Provide information about sexually transmitted diseases that includes how sexually transmitted diseases are and are not transmitted, the effectiveness and safety of all FDA-approved methods of reducing the risk of contracting sexually transmitted diseases, and information on local resources for testing and medical care for sexually transmitted diseases.
3. Provide information about the effectiveness and safety of all FDA-approved contraceptive methods in preventing pregnancy, including, but not limited to, emergency contraception.
4. Teach students with skills for making and implementing responsible decisions about sexuality.
5. Provide students with information on the law on surrendering physical custody of a minor child 72 hours or younger, pursuant to Health and Safety Code 1255.7 and Penal Code 271.5.

The District's instruction and materials shall not teach or promote religious doctrine or discriminatory bias against any person.

II. HIV/AIDS Prevention Instruction means instruction on the nature of HIV/AIDS, methods of transmission, strategies to reduce the risk of human immunodeficiency virus (HIV) infection, and social and public health issues related to HIV/AIDS.

Such instruction shall be offered at least once in middle school and once in high school by instructors trained in the appropriate courses. Instruction shall accurately reflect the latest information and recommendations from the United States Surgeon General, the federal Centers for Disease Control and Prevention, and the National Academy of Sciences and shall include:

1. Information on the nature of HIV/AIDS and its effects on the human body.
2. Information on the manner in which HIV is and is not transmitted, including information on activities that present the highest risk of HIV infection.
3. Discussion of methods to reduce the risk of HIV infection. This instruction shall emphasize that sexual abstinence, monogamy, the avoidance of multiple sexual partners and abstinence from intravenous drug use are the most effective means for HIV/AIDS prevention, but shall also include statistics based upon the latest medical information citing the success and failure rates of condoms and other contraceptives in preventing sexually transmitted HIV infection, as well as information on other methods that may reduce the risk of HIV transmission from intravenous drug use.
4. Discussion of the public health issues associated with HIV/AIDS.
5. Information on local resources for HIV testing and medical care.

6. Development of refusal skills to assist students in overcoming peer pressure and using effective decision-making skills to avoid high-risk activities.
7. Discussion about societal views on HIV/AIDS, including stereotypes and myths regarding persons with HIV/AIDS. This instruction shall emphasize compassion for persons living with HIV/AIDS.

As required by Education Code 51935, the District shall periodically conduct in-service training, developed in cooperation and collaboration with the teachers of the District who provide HIV/AIDS prevention education and with the California Department of Education, to enable District personnel to learn new developments in the scientific understanding of HIV/AIDS. In-service training shall be voluntary for personnel who have demonstrated expertise or received in-service training from the California Department of Education or federal Centers for Disease Control and Prevention.

III. Parent/Guardian Notification and Excuse

Parents have the option to excuse their students from all or part of instruction related to comprehensive sexual health education, HIV/AIDS prevention, and from assessments related to such instruction. Notice of this option shall be given to all parents at the beginning of each school year in the annual parent notice, or at the time of a student's enrollment if a student enrolls after the beginning of the school year. Notice of the instruction shall also be given to parents just before the instruction is provided in order to allow them an opportunity to excuse their student from the instruction. The District's parent/guardian notifications shall:

1. Advise the parent or guardian that written and audiovisual materials used in comprehensive sexual health education and HIV/AIDS prevention education are available for inspection.
2. Advise the parent or guardian whether the instruction will be provided by school district personnel or by outside consultants. If the District opts to provide comprehensive sexual health education or HIV/AIDS prevention education by outside consultants or guest speakers, then the notice shall include the date of the instruction, the name of the organization or affiliation of each guest speaker, and the right of the parent or guardian to request a copy of the relevant Education Code sections 51933, 51934, and 51938. If arrangements are made after the beginning of the school year, notice shall be made no fewer than 14 days before the instruction is delivered.
3. Explain the parent's or guardian's right to request Chapter 5.6 of Part 28 of the California Education Code, commencing with section 51930.
4. Advise the parent or guardian that he or she may request in writing that his or her child not receive instruction related to comprehensive sexual health and HIV/AIDS prevention.

5. Affirmative parent/guardian permission will be required in order for each child to receive instruction in comprehensive sexual health and HIV/AIDS prevention. Students whose parents withhold permission shall not be subject to disciplinary action, academic penalties, or other sanction. During administration of such education, or related assessments, the District shall make available an alternative educational activity for students whose parents or guardians have not consented to the education or assessment.

IV. Surveys and Other Evaluative Tools

Parents or guardians shall be informed of any test, questionnaire, survey, analysis, or evaluation that contains questions about the student's or student's parents' or guardians' personal beliefs or practices in sex, family life, morality, religion, mental or psychological problems, political affiliations or beliefs, illegal, anti-social, self-incriminating, or demeaning behavior, critical appraisal of family relationships, income, or legally recognized privileges. Such tools will be employed only if each student's parent or guardian is provided with written notification and given the opportunity to review the test, questionnaire, survey, analysis or evaluation, as well as related instructional material. The District may not administer any test, questionnaire, survey, analysis, or evaluation without the prior written permission of the parent or guardian.

Board adopted: August 16, 2005