

South Lake Middle School Lunch Menu

Food Service Director:
 Karri Youngblood
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March

Monday	Tuesday	Wednesday	Thursday	Friday
2. Corndog on Stick Emoje Fries Strawberry Cup Milk <i>Chicken Sliders</i>	3. Beef Cheeseburger On WG Bun Baked Beans Mandarin Oranges Milk <i>Mozzerella Sticks</i>	4. Nacho Grande Lettuce/Tomato Steamed Corn Pineapple Tidbits Milk <i>Twisted Breadsticks</i>	5. Popcorn Chicken Mashed Potatoes/Gravy Diced Pears Milk <i>Spicy Chicken Wings</i>	6. PIZZA FRIDAY Domino's Pizza Romaine Salad Cups Apple Slices Milk
9. Cheesy Beef Ravioli WG Roll Green Beans Diced Peaches Milk <i>Egg Roll w/ Fried Rice</i>	10. Chicken Sandwich On WG Bun Glazed Carrots Apple Milk <i>Bosco Breadsticks</i>	11. Beef Taco Lettuce/ Tomato Refried Beans w/ Cheese Banana Milk <i>Mini Corndogs</i>	12. Creamy Mac and Cheese WG Breadstick Green Peas Mixed Fruit Milk <i>Grilled Chicken BLT</i>	13. PIZZA FRIDAY Domino's Pizza Romaine Salad Cups Apple Slices Milk
16. Crazy Cheese Bread Marinara Cup Steamed Broccoli Mandarin Oranges Milk <i>Chicken Enchiladas</i>	17. ST. PATRICK'S DAY Shamrock Chicken Nuggets Cheesy Potato Bites Diced Pears Frozen Fruit Juice Milk <i>Pretzel w/ Cheese</i>	18. Nacho Grande Lettuce/Tomato Steamed Corn Pineapple Tidbits Milk <i>Chicken Snackers</i>	19. EARLY RELEASE Hot Ham and Cheese on Pretzel Bun Yogurt Cup Green Beans Peach Cup Milk <i>Cheesy Lasagna w/ Roll</i>	20. PIZZA FRIDAY Domino's Pizza Romaine Salad Cups Apple Slices Milk
23. Pizza Bagels Tater Tots Apple Milk <i>Chicken Drumsticks</i>	24. Chicken Rings Steamed Carrots Mixed Fruit Milk <i>Meatball Sub</i>	25. Beef Taco Lettuce/ Tomato Refried Beans w/ Cheese Banana Milk <i>Cheese Quesadilla</i>	26. Beef Meatballs w/ Gravy Brown Rice Green Beans Diced Peaches Milk <i>Stuffed Pasta Shells</i>	27. HALF DAY
30. NEW ITEM Chicken in a Waffle Cone Syrup Cup Hashbrown Mandarin Oranges Milk <i>French Toast Sticks</i>	31. Mini Corndogs Baked Beans Pineapple Tidbits Milk <i>Philly Sub</i>			

Lunch Prices:
 CEP: One Free Meal
 Extra Entrée: \$1.50
 Entrée Only: \$3.00
 Adult: \$4.15
 Milk: \$.55

Breakfast Prices:
 CEP: One Free Meal
 Breakfast is served in
 the MS Café from
 7:15am-7:35am



Fresh Salads and
 Subs are offered daily.



What Makes a Reimbursable Meal?

- Choice of Meat or Meat Alternate
- Choice of Vegetable and/or Choice of Fruit
- Choice of Grain/Bread
- Choice of Milk

*Student's must take at least one 1/2 cup serving of a fruit or vegetable!



Milk Choices Offered Daily:
 1% White and 1% Flavored

Money may be deposited online at :
sendmoneytoschool.com

This Institution is an equal
 opportunity provider.

Menus Subject to Change