

October 2018 Wilkes County Schools High School Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Sausage Biscuit Chicken Biscuit Rice Krispie Treat Dunkin Stick Graham Crackers Juice Mandarin Oranges Milk	2 Maple Mini Waffles Chocolate Muffin Cheese Its Toast Juice Dried Cherries Milk	3 <p style="text-align: center;">Manager's Choice</p>	4 Cinnabar Cinn Toast Cereal Bar Jurassic Graham Toast Juice Fresh Orange Milk	5 Egg & Cheese Biscuit Gravy Biscuit Apple Cinn Nutrigrain Strawberry Chex Mix Straw-Banana Yogurt Juice Applesauce Milk
8 Chicken Biscuit Sausage Biscuit Rice Krispie Treat Dunkin Stick Graham Crackers Juice Fresh Banana Milk	9 French Toast Sticks Apple Cinnamon Muffin Cheese Its Toast Juice Pineapple Tidbits Milk	10 Breakfast Pizza Sausage Biscuit Chocolate Poptart Apple Jacks In A Bag Cinn Glazed Biscuit Juice Sliced Peached Milk	11 Cherry Strudell Trix Cereal Bar Scooby Grahams Toast Juice Fresh Apple Milk	12 C Bac-Egg Biscuit Gravy Biscuit Apple Cinn Nutrigrain Chocolate Chex Mix Straw-Banana Yogurt Juice Mixed Fruit Milk
15 Sausage Biscuit Chicken Biscuit Rice Krispie Treat Dunkin Stick Graham Crackers Juice Mandarin Oranges Milk	16 French Toast Crunchmania Chocolate Muffin Cheese Its Toast Juice Dried Cherries Milk	17 Pancake On A Stick Chicken Biscuit Blueberry Poptart Froot Loops In A Bag Cinn Glazed Biscuit Juice Applesauce Milk	18 <p style="text-align: center;">Teacher Workday</p>	19 <p style="text-align: center;">Teacher Workday</p>
22 Chicken Biscuit Sausage Biscuit Rice Krispie Treat Dunkin Stick Graham Crackers Juice Fresh Banana Milk	23 Cinn Glazed French Toast Apple Cinnamon Muffin Cheese Its Toast Juice Pineapple Tidbits Milk	24 Breakfast Pizza Sausage Biscuit Strawberry Poptart Apple Jacks In A Bag Cinn Glazed Biscuit Juice Sliced Peaches Milk	25 Apple Strudell Cinn Toast Cereal Bar Jurassic Grahams Toast Juice Fresh Orange Milk	26 Egg & Cheese Biscuit Gravy Biscuit Strawberry Nutrigrain Chocolate Chex Mix Straw-Banana Yogurt Juice Applesauce Milk
29 Sausage Biscuit Chicken Biscuit Rice Krispie Treat Dunkin Stick Graham Crackers Juice Mandarin Oranges Milk	30 Maple Mini Pancakes Chocolate Muffin Cheese Its Toast Juice Dried Cherries Milk	31 Pancake On A Stick Chicken Biscuit Chocolate Poptart Froot Loops In A Bag Cinn Glazed Biscuit Juice Applesauce Milk		

**Gravy Biscuits Available on
Fridays**

**Yogurt Parfaits Available on
Selected Days**

Items offered Daily

Assorted Juice and Milk

Dutch Waffle

Crumb Cake

Coffee Cake

Cinn Glazed Bun

Assorted Cereal and Cereal Bars

Assorted Poptarts

Large Muffin

Rice Krispie Treats

Free and Reduced

Applications Accepted
throughout the Year!

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