



HWRSD EMPLOYEE HEALTH FAIR

DATE: FRIDAY, MARCH 13, 2020

TIME: 1:30 P.M.—4:00 P.M.

PLACE: MINNECHAUG REGIONAL HIGH SCHOOL CAFETERIA

Open to all active and retired
HWRSD and
H-

EVENT CANCELLED

VENDOR TOPICS:

Information from various health and other insurance plans
Representatives will be available to answer your questions*

B/P check
Vision screening
Healthy eating
Fitness

Wellness promotion
Managing Stress/Mental Health
Chair Massage
Something for Everyone!

Attend and check in at the welcome table
and you can enter a drawing for a
FREE raffle to win these items and more:
YETI stainless steel insulated bottles
Insulated lunch bag
Deluxe reusable shopping bags
Vendor donated prizes

For more information contact: Teri Brand,
Nurse Leader, 566-5060 ext. 11,
tbrand@hwr.sd.org
Or
Lyn Fioravanti,
SVRHT Wellness Coordinator,
lyn@scantichealth.org