

**AMENDMENT #1**  
TO  
**CENTRAL UNIFIED SCHOOL DISTRICT**  
**BENEFIT DOCUMENT & SUMMARY PLAN DESCRIPTION**  
of the  
Self-Funded  
**HEALTH CARE BENEFITS**  
Restated December 1, 2018

Effective **August 1, 2019**, the Benefit Document and Summary Plan Description for the Central Unified School District Employee Benefit Plan is hereby amended as stated below:

**IMPORTANT PHONE NUMBERS**

*Anthem Blue Cross replaces Network by Design*

<b>Utilization Review Organization:</b>	<b>Anthem Blue Cross of California</b>
<b>Phone:</b>	<b>1-800-274-7767</b>
<b>Provider Network:</b>	<b>Anthem Blue Cross of California</b>
<b>Phone</b>	<b>1-800-999-3643</b>

*Page 3 is amended as follows*

**UTILIZATION MANAGEMENT PROGRAM**

The Plan includes a **Utilization Management Program** as described below. The purpose of the program is to encourage Covered Persons to obtain quality medical care while utilizing the most cost-efficient sources.

**PRIOR AUTHORIZATION REQUIREMENTS**

The Plan Sponsor has contracted with an independent organization to provide prior authorization. To obtain authorization call:

Fresno County: 1-866-556-7655  
All Counties, except Fresno: 1-800-274-7767

**NOTE: To obtain authorization for Mental Health and Substance Abuse benefits (Outpatient or Inpatient), an individual must contact The Holman Group at 1-800-321-2843.**

*Page 5 is amended as follows:*


**MEDICAL BENEFIT SUMMARIES**

In determining Medical Necessity, the Plan may choose to utilize any of the following:

- Anthem Blue Cross of California
- Advantek Benefit Administrators
- The Holman Group
- Medicare
- Standard Accepted Medical Practice
- Other Third-Party Experts and Professionals within the medical field of the provided services.

**NOTICE TO PLAN PARTICIPANT:** REVIEW THIS AMENDMENT CAREFULLY AND THEN INSERT IT INTO YOUR BENEFIT BOOKLET. THIS AMENDMENT REFLECTS CHANGE(S) TO YOUR SUMMARY PLAN DESCRIPTION AND INCLUDES MATERIAL MODIFICATIONS IN PLAN BENEFITS.

This amendment is accepted by:

  
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Signature of Authorized Representative

8/7/19  
Date