



Elementary SD 159

May 2019



Monday	Tuesday	Wednesday	Thursday	Friday
		1 Apple Oat Bar Fresh Fruit 100% Fruit Juice	2 Blueberry Muffin Top Fresh Fruit 100% Fruit Juice	3 Golden Graham Cereal Bar Fresh Fruit 100% Fruit Juice
6 Blueberry Pomegranate Oat Bar Applesauce Cup 100% Fruit Juice	7 Honey Bun Fresh Fruit 100% Fruit Juice	8 Chocolate Chip Oat Bar Vanilla Graham Bear 100% Fruit Juice	9 Triple Berry Pancakes Fresh Fruit 100% Fruit Juice	10 Strawberry Yogurt Cheerios Mix Applesauce 100% Fruit Juice
13 Cinnamon Pop Tart Fresh Fruit 100% Fruit Juice	14 Maple Waffles Fresh Fruit 100% Fruit Juice	15 Multi Grain Cheerio Bar Fresh Fruit 100% Fruit Juice	16 Super Donut Fresh Fruit 100% Fruit Juice	17 Strawberry Pancakes Fresh Fruit 100% Fruit Juice
20 Strawberry Yogurt Cheerios Mix Applesauce 100% Fruit Juice	21 Triple Berry Pancakes Fresh Fruit 100% Fruit Juice	22 Trix Cereal Bar Fresh Fruit 100% Fruit Juice	23 Pancakes Fresh Fruit 100% Fruit Juice	24 Strawberry Pop Tart Fresh Fruit 100% Fruit Juice
27 NO SCHOOL HOILDAY	28 Super Donut Applesauce Cups 100% Fruit Juice	29 Banana Muffin Fresh Fruit 100% Fruit Juice	30 Bagel & Cream Cheese Fresh Fruit 100% Fruit Juice	31 Strawberry Oat Bar Fresh Fruit 100% Fruit Juice LAST DAY OF SCHOOL

Breakfast
(Milk included with meal)
\$1.30

Milk
\$0.50
A Variety of Milk is Offered Daily

Questions about the menu?
Mykela Collins
mkyler@dist159.com
708-283-9733
For more information or to "Ask the Dietitian", check out our website!




Comprehensive nutrition & allergy guides are available in the Foodservice Office.

(*) Contains Pork
Menu changes are occasionally necessary. Notice will be given when possible.