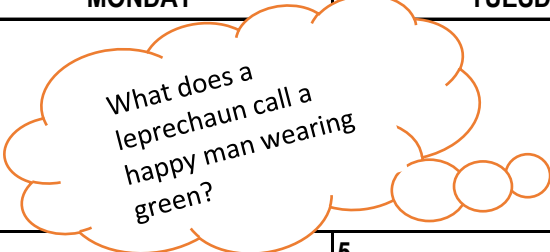

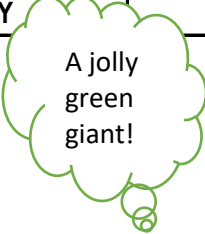




MARCH 2019 - More @ Four Snacks

NEWTON-CONOVER CITY SCHOOLS

Snacks are provided daily for our Pre-Kindergarten Classes

All snacks provided meet the USDA's Child Care snack requirements for the NCPK program

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Rice Chex Bowl Pack - 1 oz 1% Milk - 4 fl oz
4 Chz Quesadilla - 1.25 oz wt Water	5 Turkey & Chz Wrap - 1.5 oz Water	6 Sliced Peaches - 1/2 c 1% Milk - 4 fl oz	7 Cheerios Bowl Pack - 1 oz 1% Milk - 4 fl oz	8 Cheddar Goldfish - .75 oz wt 1% Milk - 4 fl oz
11 Fresh Orange Wedges - 5/8 c 1% Milk - 4 fl oz	12 Ham & Cheese Wrap - 1.5 oz wt Water	13 NO SNACK EARLY DISMISSAL	14 Sliced Pears - 1/2 c 1% Milk - 4 fl oz	15 Mixed Fruit - 1/2 c 1% Milk - 4 fl oz
18 Banana - 1/2 c 1% Milk - 4 fl oz	19 Cucumber Slices - 1/2 c Ranch Dip - 1 oz 1% Milk - 4 fl oz	20 Cheddar Goldfish - .75 oz wt 1% Milk - 4 fl oz	21 Applesauce - 1/2 c 1% Milk - 4 fl oz	22 NO SCHOOL TEACHER WORKDAY 
25 Chz Quesadilla - 1.25 oz wt Water	26 Turkey & Chz Wrap - 1.5 oz Water	27 Sliced Peaches - 1/2 c 1% Milk - 4 fl oz	28 Cheerios Bowl Pack - 1 oz 1% Milk - 4 fl oz	29 Cheddar Goldfish - .75 oz wt 1% Milk - 4 fl oz

Menus, Nutrition, and Allergen Information can be found on our system website: www.newton-conover.org - Menus are subject to change - Notice is given when possible

USDA is an equal opportunity provider and employer'