



Punxsutawney Area  
School District  
September 2019

Elementary  
Lunch Menu  
Grades K-6

FULL STUDENT LUNCH CONSISTS OF AN ENTRÉE (MEAT/MEAT ALTERNATE WITH  
A GRAIN COMPONENT) 2 VEGETABLE SIDES,  
2 FRUIT SIDES AND CHOICE OF 1% OR FAT FREE MILK. STUDENT MUST TAKE A  
FRUIT OR VEGETABLE TO COMPLETE THE MEAL.  
MENU SUBJECT TO CHANGE.

Monday	Tuesday	Wednesday	Thursday	Friday
2 Labor Day	3 BOSCO Sticks w/ Marinara Sauce Or PB&J Side Salad Veggie Sticks w/Dip Peaches Juice/Assorted Fresh Fruit Choice of Milk	4 Corn Dog Or Shaker Salad w/Roll & Goldfish Crackers Corn Niblets Baked Beans Mandarin Oranges Fresh Fruit Assortment Choice of Milk	5 Chicken Fryz w/ Roll  Tossed Salad Green Beans Juice Fresh Fruit Assortment Choice of Milk	6 Sloppy Joes Or Ham & Cheese Sandwich  French Fries Celery Sticks w/dip  Fresh Fruit Assortment Choice of Milk
9 Chicken Nuggets w/Roll Or Yogurt Basket w/string Cheese & Ultra Bread Mashed Potatoes w/Gravy Carrot Coins Peaches Fresh Fruit Assortment Choice of Milk	10 Grilled Cheese Sandwich Or PB&J Tomato Soup Veggie Sticks w/Dip  Juice Fresh Fruit Assortment Choice of Milk	11 Pasta w/Meatsauce w/Garlic Breadstick Or Ham & Cheese Sandwich Side Salad/Corn Mandarin Oranges Fresh Fruit Assortment Choice of Milk	12 Beef & Cheese Nachos w/Salsa Or Shaker Salad w/Roll & Goldfish Crackers Tender Broccoli Juice Fresh Fruit Assortment Choice of Milk	13 Hot Dog on Bun or Yogurt Basket w/String Cheese & Ultra Bread Sweet Potato Fries Baked Beans  Fresh Fruit Assortment Choice of Milk
16 Chicken Quesadilla w/Salsa Or Yogurt Basket w/string Cheese & Ultra Bread Sweet Corn  Peaches Fresh Fruit Assortment Choice of Milk	17 Popcorn Chicken w/Roll Or Yogurt Basket w/String Cheese & Ultra Bread Mashed Potatoes & Gravy Green Beans Juice Assorted Fresh Fruit Choice of Milk	18 Hamburger on Bun w/Lettuce & Tomato Or Ham & Cheese Sandwich Baked Beans Mandarin Oranges Fresh Fruit Assortment Choice of Milk Doritos!	19 Wonderbites w/dinner roll Or Shaker Salad w/Roll & Goldfish Crackers Seasoned Pasta Veggie Sticks w/Dip Tender Broccoli Juice/Fresh Fruit Choice of Milk	20 Mandarin Orange Chicken Or Yogurt Basket w/String Cheese & Ultra Bread Lomein Noodles Tender Carrots Sweet Peas Fresh Fruit Assortment Choice of Milk
23 Chicken Patty Sandwich Or PB&J Tender Broccoli Baked Beans  Peaches Fresh Fruit Assortment Choice of Milk	24 French Toast Sticks w/Syrup & Sausage Patty Or Shaker Salad w/Roll & Goldfish Crackers Emoji Potatoes Cucumber Slices w/Dip Juice/Fresh Fruit Choice of Milk	25 Chicken Drummie & Cornbread Or Ham & Cheese Sandwich Sweet Corn Green Beans Mandarin Oranges Fresh Fruit Assortment Choice of Milk	26 Fish Filet Sandwich w/ Cheese Or Shaker Salad w/Roll & Goldfish French Fries Tender Carrots Juice/Fresh Fruit Choice of Milk	27 Macaroni & Cheese w/Roll Or Yogurt Basket w/String Cheese & Ultra Bread California Vegetables Green Peas  Fresh Fruit Assortment Choice of Milk
30 BOSCO Sticks w/ Marinara Sauce Or PB&J Side Salad Veggie Sticks w/Dip Peaches Juice/Assorted Fresh Fruit Choice of Milk				
<p>Try out our new interactive food tray on <a href="http://www.schoolcafe.com">www.schoolcafe.com</a>. You can make a tray from the menu of the day to see nutritional information.</p>				



\*\*\* All students eat breakfast & lunch at no cost! \*\*\*



No form is needed.

MONDAYS: STUFFED CRUST PIZZA	TUESDAYS: THE GOLIATH PIZZA	WEDNESDAYS: THE SICILIAN PIZZA	THURSDAYS: THE GOLIATH PIZZA	FRIDAYS: ASSORTED PIZZAS
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