

2019-2020 VAMS Bell Schedules

| VAMS Regular Bell Schedule |             |           |             |           |             |
|----------------------------|-------------|-----------|-------------|-----------|-------------|
| 6th Grade                  |             | 7th Grade |             | 8th Grade |             |
| 1st                        | 8:15-9:03   | 1st       | 8:15-9:03   | 1st       | 8:15-9:03   |
| 2nd                        | 9:06-9:56   | 2nd       | 9:06-9:56   | 2nd       | 9:06-9:56   |
| 3rd                        | 9:59-10:47  | 3rd       | 9:59-10:47  | 3rd       | 9:59-10:47  |
|                            |             |           |             |           |             |
| 4th                        | 10:50-11:38 | Lunch     | 10:47-11:17 | 4th       | 10:50-11:38 |
| Lunch                      | 11:38-12:08 | 4th       | 11:20-12:08 | 5th       | 11:41-12:29 |
| 5th                        | 12:11-12:59 | 5th       | 12:11-12:59 | Lunch     | 12:29-12:59 |
|                            |             |           |             |           |             |
| 6th                        | 1:02-1:51   | 6th       | 1:02-1:51   | 6th       | 1:02-1:51   |
| 7th                        | 1:54-2:43   | 7th       | 1:54-2:43   | 7th       | 1:54-2:43   |
| 8th                        | 2:46-3:35   | 8th       | 2:46-3:35   | 8th       | 2:46-3:35   |

| VAMS Pep Rally Bell Schedule                  |             |           |             |           |             |
|---|-------------|-----------|-------------|-----------|-------------|
| 6th Grade                                     |             | 7th Grade |             | 8th Grade |             |
| 1st   | 8:15-8:59   | 1st       | 8:15-8:59   | 1st       | 8:15-8:59   |
| 2nd   | 9:02-9:46   | 2nd       | 9:02-9:46   | 2nd       | 9:02-9:46   |
| 3rd   | 9:49-10:33  | 3rd       | 9:49-10:33  | 3rd       | 9:49-10:33  |
| 4th   | 10:36-11:20 | 4th       | 10:36-11:20 | 4th       | 10:36-11:20 |
|   |             |           |             |           |             |
| Lunch   | 11:20-11:50 | 5th       | 11:23-12:07 | 5th       | 11:23-12:07 |
| 5th   | 11:53-12:37 | Lunch     | 12:07-12:37 | Lunch     | 12:07-12:37 |
|   |             |           |             |           |             |
| 6th   | 12:40-1:24  | 6th       | 12:40-1:24  | 6th       | 12:40-1:24  |
| 7th   | 1:27-2:11   | 7th       | 1:27-2:11   | 7th       | 1:27-2:11   |
| 8th   | 2:14-2:58   | 8th       | 2:14-2:58   | 8th       | 2:14-2:58   |
| Pep rally                                     | 2:58-3:35   | Pep rally | 2:58-3:35   | Pep rally | 2:58-3:35   |
| <b>7th and 8th grade lunches are combined</b> |             |           |             |           |             |

| VAMS Early Release Bell Schedule |             |           |             |           |             |
|----------------------------------|-------------|-----------|-------------|-----------|-------------|
| 6th Grade                        |             | 7th Grade |             | 8th Grade |             |
| 1st                              | 8:15-8:49   | 1st       | 8:15-8:49   | 1st       | 8:15-8:49   |
| 2nd                              | 8:52-9:26   | 2nd       | 8:52-9:26   | 2nd       | 8:52-9:26   |
| 3rd                              | 9:29-10:03  | 3rd       | 9:29-10:03  | 3rd       | 9:29-10:03  |
| 4th                              | 10:06-10:40 | 4th       | 10:06-10:40 | 4th       | 10:06-10:40 |
| 5th                              | 10:43-11:17 | 5th       | 10:43-11:17 | 5th       | 10:43-11:17 |
|                                  |             |           |             |           |             |
| Lunch                            | 11:17-11:47 | 6th       | 11:17-11:51 | 6th       | 11:17-11:51 |
| 6th                              | 11:47-12:21 | Lunch     | 11:51-12:21 | 7th       | 11:54-12:28 |
| 7th                              | 12:24-12:58 | 7th       | 12:24-12:58 | Lunch     | 12:28-12:58 |
|                                  |             |           |             |           |             |
| 8th                              | 1:01-1:35   | 8th       | 1:01-1:35   | 8th       | 1:01-1:35   |

|   |   |
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| <b>Pep Rally Dates:</b><br>Thursday, Sept. 12<br>Thursday, Sept. 26<br>Thursday, Oct. 10<br>Thursday, Oct. 31 | We will also use the Pep Rally schedule for the "Away" football games scheduled for 10/3, 10/17, and 11/7 |
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