

Monday, December 10, 2018

## Principal's Message

Hello Families,

**Last week the district hosted a Parent Education night by Digital Tat2, where we explored potential good and bad consequences for children in the “living out loud” world of our Internet age.** Communication has changed profoundly since the birth of the Internet 25 years ago. But some things won't change—including the way children develop their social and emotional awareness and skills—that make it imperative for parents and educators to support them as they begin to navigate online.

**They may be digital natives, but they are still at risk to make all the mistakes we made growing up—with wider impact and potentially greater consequences.** Remember those silly, but also hurtful notes we wrote and received in middle school? Now imagine those being re-forwarded instantly in massive digital pile-ons that could include every student in the school—just for starters. You get the idea.

**None of us would allow our children to play in a swimming pool unsupervised, especially if they didn't know how to swim.** The same thinking should apply to their online behaviors, where one click may move them from the shallow end of the pool to being in in over their heads. Children need our guidance, our rules for behavior, and our supervision.

**While the media have changed, parenting skills have not.**

- Modeling is paramount. Put down your phones and be with your children. Let them see you being present.
- Limit your children's online usage and screen time.
- Take interest in, and learn about their online activities. This will allow you to have the conversations you need to have together, as things come up.
- Teach your children to think about how their behaviors will impact themselves and others, and help them understand the potential consequences of their actions.
- Supervise their online behaviors, and allow them more independence only as they are developmentally ready.

For helpful resources and websites, visit [My Digital Tat2](#).

Warm Regards,

Alex Friel & Jean Dehner, Interim Principals

## **COUNSELOR'S UPDATE**

The Wee Care Collection Boxes are filling up with new (unwrapped) toys! The families in need will be so thrilled to receive these gifts through The Samaritan House this holiday season. All three collection boxes will be picked up tomorrow (Tuesday, December 11). Thank you to all Arroyo and Central Middle School staff and families for your generous donations!

## **PTA News**

### **2018-2019 YEARBOOKS ON SALE NOW!**

Don't miss out on the Arroyo yearbook—on sale now for \$25. Place your order online at [Jostens](#). Don't wait! The sales deadline is December 21. Yearbooks will be delivered in June, but you must purchase now to guarantee your child gets one! Contact Kate Blanchard at [katewalshblanchard@yahoo.com](mailto:katewalshblanchard@yahoo.com) with questions.

## **District News**

### **CALENDAR REMINDER**

Reminder that schools will be closed for Winter Break from December 24-January 4. Monday, January 7 will be a staff development day with no students/classes. **Students will return to school on Tuesday, January 8.**

### **SMART-E PRESIDENTS' WEEK CAMP**

Fun activities in Sports, Arts & Crafts, Make & Build, and the "You CHOOZ Zone"

February 19th-22nd, 2019

Tuesday, Wednesday, Thursday, and Friday

Camp: 9:00am - 4:00pm (drop-off begins at 8:00 am)

Extended Care: 4:00pm - 6:00pm (must buy separately)

White Oaks Elementary School (MUR), 1901 White Oak Way

TK-5th Grade Campers:

4 Day Camp Only\* - \$275

Registration opens on Wednesday, December 5th and closes Tuesday, February 5th at 12:00pm

4 day Extended Care\* - \$50

(in addition to 4 Day Camp)Registration opens on Wednesday, December 5th and closes Tuesday, February 5th at 12:00pm

Register [here](#) or for more information call the SMART-E Business Office at 650.590.5966.

## **THANK OUR CROSSING GUARDS**

Here in SCSD we are fortunate to have such dedicated crossing guards supporting our students. Please take time in the next few weeks before the winter break to say thank you to **Ronda Copeland** (Woodland/Arroyo), **Paul Alipate** (Cedar/Arroyo), and **Martin Pearlita**(Brittan/Cedar).

## **SAFE ROUTE TO SCHOOL TRANSPORTATION SURVEY**

Please take 5 minutes to complete the linked survey. Your feedback allows us to adjust Safe Routes to School (SRTS) education and encouragement program features to best meet the needs of each individual school. Results will also be shared with decision makers throughout the county who can address infrastructure issues regarding safe walking and biking.

English Link: [https://www.surveymonkey.com/r/1819\\_English](https://www.surveymonkey.com/r/1819_English)

Spanish Link: <https://es.surveymonkey.com/r/1819Spanish>

## **SCEF News**

### **IN SEARCH OF UNIQUE AUCTION ITEMS**

Do you have access to a vacation home, event/sports tickets, fine wine/wine tasting or another fun experience? Does a family member or friend work in the entertainment industry? We'd love to hear from you! Our volunteer committee is hard at work creating unique auction items for our March 2019 Starlight Gala & Auction. Write to our events team at [events@scefkids.org](mailto:events@scefkids.org) with your ideas and connections and help make this year the best auction yet.

### **END OF YEAR GIVING**

#### Donate Early

As we enter the last weeks of 2018, we invite you to consider making your SCEF Annual Fund donation earlier than usual. Take advantage of possible 2018 tax deductions by making a gift of cash or stock to SCEF before December 31st. As our district faces challenging budget issues, SCEF would like to be able to provide a good

estimate of our grant to Superintendent Harmeier and her team by March 30, 2019. Donate now at: [www.scefkids.org/donate](http://www.scefkids.org/donate)

### Double your Donation

Many employers will match your gift to SCEF. Our handy Double the Donation tool will help you determine if your company has a matching program. Go to [www.scefkids.org/donate](http://www.scefkids.org/donate) to learn more.

### Appreciated Stock

A gift of appreciated stock you've held for more than a year is better than giving cash. If you donate stock that has increased in value since you've owned it - and if you itemize deductions - you can take a charitable deduction for the stock's fair market value on the day you give it away. You'll also avoid capital gains taxes on the increase in value over time. Go to [www.scefkids.org/stock](http://www.scefkids.org/stock) to learn how.

### Honey Bear Trees

Haven't bought your Christmas tree yet? Buy your tree and wreath at Honey Bear Trees and SCEF will receive 15% of your purchase price! Bring a copy of the flyer to take advantage of this offer. Tree lot locations and flyer can be found at: [www.scefkids.org/hbt](http://www.scefkids.org/hbt)

## **Community Partner News**

### **STEAM FEST ON THE SQUARE 2019**

Save the Date: Saturday, April 27, 2019, from 11-3 at Redwood City Downtown Courthouse Square

All Bay Area students, families, and friends are invited to the Redwood City Library Foundation's 4th annual free STEAM (science, technology, engineering, arts, and mathematics) Festival. Attendees will experience a day of hands-on STEAM activities, including projects in construction, robotics, art, coding, forensics, and much more, with a closeup look at the latest energy-efficient automobiles.

### **EARLY BIRD DEADLINE EXTENDED FOR SAN CARLOS YOUTH SOFTBALL**

Interested in playing softball this spring? San Carlos Youth Softball is a great way for girls to have some fun, develop skills and build friendships. We have extended the early bird discount for the 2019 spring rec program registration. [Click here to register](#).

Our program is for girls ages 4-14 (as of January 2019) at all skill levels. Teams are formed in January so please sign up soon! Early bird prices end December 15, 2018.

Questions? More information online at [www.sancarlosyouthsoftball.com](http://www.sancarlosyouthsoftball.com) or email Terry Woodsome.