

December 2018

AASD Elementary School Breakfast Menu

Monday	3	Rainbow Glazed Donuts
Tuesday	4	Ham, Egg and Cheese on a Bagel
Wednesday	5	French Toast Sticks
Thursday	6	Egg and Cheese Sandwich
Friday	7	Waffles
Monday	10	Rainbow Glazed Donuts
Tuesday	11	Sausage, Egg and Cheese Bagel
Wednesday	12	Breakfast Pizza
Thursday	13	Egg and Cheese Croissant
Friday	14	Pancakes
Monday	17	Rainbow Glazed Donuts
Tuesday	18	Ham, Egg and Cheese on a Bagel
Wednesday	19	French Toast Sticks
Thursday	20	Egg and Cheese Sandwich
Friday	21	NO SCHOOL INSERVICE
Monday	24	NO SCHOOL
Tuesday	25	NO SCHOOL CHRISTMAS
Wednesday	26	NO SCHOOL
Thursday	27	NO SCHOOL
Friday	28	NO SCHOOL
Monday	31	NO SCHOOL

All meals come with Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit and Choice of Milk

Alternative Breakfast Entrée: Assorted Cereal with Toast or Assorted Poptarts with Toast

Whole grain cereal selection may include: Cinnamon Toast Crunch, Trix, Cocoa Puffs, Lucky Charms and Honey Nut cheerios

What is a Meal? You must choose at least 3 items. One must be a ½ cup of fruit.

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What is an Item? Grain, Protein, Choice of Fruit, or Choice of Milk

Daily fruit selections may include: oranges, apples, bananas, grapes, pears, peaches, cantaloupe, melon, strawberries, applesauce, pineapple and mandarin oranges, 100% fruit juice.

Breakfast Prices: Student \$1.00. Reduced \$0.30. Adult \$2.10.

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