



William S. Hart Junior Highs

March 2020

We feature an inviting variety of fresh garden salad greens, vegetables, and fruits. Locally-grown items are offered whenever seasonally-available. rBST hormone free low-fat or fat-free milk is offered with all meals. A meal includes an entrée, fruit and vegetable selection. Bread products are whole grain and all featured menu items contain zero trans fat.

	Monday	Tuesday	Wednesday	Thursday	Friday
FAVORITES	Chicken Nuggets Chicken Alfredo	Teriyaki Beef Noodles Chicken Tenders	BBQ Pork Sub Chicken Nuggets	Chicken Tenders Spaghetti & Meat sauce	Chicken Nuggets BBQ Chicken
DELI	Chicken Caesar Salad Turkey and Cheese Sub	Double Berry Parfait Chicken Caesar Wrap	Classic American Sub Chicken Caesar Salad	Double Berry Parfait Buffalo Chicken Salad	Turkey and Cheese Sub Chicken Caesar Salad
SALSA	Bean & Cheese Burrito Nachos w/Meat Cheese, Beans	Nachos w/Meat, Cheese, Beans 2 Crispy Beef Tacos	Bean & Cheese Burrito Nachos w/Meat Cheese, Beans	Nachos w/Meat, Cheese, Beans Fajita Soft Tacos	Bean & Cheese Burrito Nachos w/Meat Cheese, Beans
PIZZA	Cheese Pizza Pepperoni Pizza Four Meat Pizza	Cheese Pizza Pepperoni Pizza Buffalo Chicken Pizza	Cheese Pizza Pepperoni Pizza Four Meat Pizza	Cheese Pizza Pepperoni Pizza Buffalo Chicken Pizza	Cheese Pizza Pepperoni Pizza Four Meat Pizza
GRILL Veggie Burger Dail Veggie Burger Daily	Spicy or Crispy Chicken Sand. Cheeseburger Corn Dog	Hamburger Grilled Ham and Cheese Spicy or Crispy Chicken Sand.	Jumbo All-Beef Hot Dog Spicy or Crispy Chicken Sand Cheeseburger	Bacon Cheeseburger Rib B Que Sub Spicy or Crispy Chicken Sand	Corndog Spicy or Crispy Chicken Sandwich Cheeseburger
We offer a variety of fresh garden options Apples, Raisins, and Canned Fruit Daily	Green Salad Tomatoes Carrots Beans Corn Fresh Fruit	Caesar Salad Celery Tomatoes Cucumber Slices Carrots Fresh Fruit	Green Salad Broccoli Carrots Corn Tomatoes Fresh Fruit	Caesar Salad Tomatoes Cucumber Slices Carrots Corn Fresh Fruit	Green Salad Carrots Broccoli Celery Tomatoes Fresh Fruit

Breakfast—\$2.00 Free and Reduced \$0.00

Lunch—\$3.25 Reduced: \$0.40 Free: \$0.00

For menu nutritional information and foods containing common food allergens please visit: HartDistrict.org. –Food Services

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