

## **Family Life Education Summary**

**Grade:** Sixth Grade

### **Objectives:**

The student will demonstrate ability to:

- Compare and contrast the interconnected and cooperative roles of family members.
- Investigate ways that individuals and families enhance and support social and emotional health and meet basic human needs.
- Describe the characteristics of a healthy relationship and discuss factors that support and sustain it.
- Describe how peer relationships may change during adolescence.
- Discuss different forms of dating and explain the role of dating in personal growth.
- Describe the individual growth patterns of males and females during adolescence.
- Discuss strategies to remain abstinent and resist pressures to become sexually active.
- Describe behaviors that place one at risk for HIV/AIDS, STDs, or unintended pregnancy.
- Identify sexual feelings common in young adolescence and differentiate between having sexual feelings and acting on them.
- Discuss how parents, peers, and media influence attitudes about sexuality.
- Discuss fertilization, embryonic development, and fetal development.
- Describe the signs and symptoms of pregnancy.
- Recommend prenatal practices that support a healthy pregnancy.
- Discuss the potential challenges faced by adolescent parents and their families.
- Recommend sources of information and help for parents.

### **Resources:**

- Text: *McGraw Hill HEALTH*
- Workbook: *McGraw Hill HEALTH Workbook*
- Worksheet: Does it happen to everyone?
- Video: “Feelings” Sunburst
- Video: “The New Improved Me” Sunburst