

FLDUSD

LUNCH MENU MARCH 2019

1% AND FAT FREE MILK SERVED WITH EVERY MEAL

MENU SUBJECT TO CHANGE WITHOUT NOTICE

Monday	Tuesday	Wednesday	Thursday	Friday
				Mar - 1 FRENCH BREAD PIZ ROMAINE SALAD ROASTED PEPPER M PINEAPPLE FRESH FRUIT ASSOR 1% LOW FAT MILK
Mar - 4 TURKEY CORN DOG HAM SANDWICH 3 BEAN SALAD CELERY STICKS FRESH FRUIT ASSOR 1% LOW FAT MILK	Mar - 5 CHICKEN FAJITA RICE TURKEY BURGER MIX VEGGIES BABY CARROTS FRESH FRUIT ASSOR 1% LOW FAT MILK	Mar - 6 BURRITO BEAN & CH CHICKEN QUESIDILL CORN BROCCOLI FRESH FRUIT ASSOR 1% LOW FAT MILK	Mar - 7 ORANGE CHICKEN RICE HOT DOG CELERY STICKS FRESH FRUIT ASSOR 1% LOW FAT MILK	Mar - 8 FISH NUGGETS ROMAINE SALAD BABY CARROTS FRUIT,FRESH ASSOR 1% LOW FAT MILK
Mar - 11 HAMBURGER FRENCH FRIES BABY CARROTS PEACHES,FRESH DICED PEARS 1% LOW FAT MILK	Mar - 12 BEEF AND MACARO WHEAT ROLL ROMAINE SALAD CHERRY TOMATOE CAULIFLOWER FRESH FRUIT ASSOR 1% LOW FAT MILK	Mar - 13 CHICKEN BURGER SWEET POTATO FRIE BROCCOLI FRESH FRUIT ASSOR 1% LOW FAT MILK	Mar - 14 BAKED CHICKEN MASH POTATO GRILLED TURKEY SA GREEN BEANS FRESH FRUIT ASSOR 1% LOW FAT MILK	Mar - 15 CHEESE PIZZA BABY CARROTS ROMAINE SALAD FRESH FRUIT ASSOR PINEAPPLE 1% LOW FAT MILK
Mar - 18 CHICKEN NUGGETS PEAS CHICKPEA AND TO FRESH FRUIT ASSOR 1% LOW FAT MILK	Mar - 19 SLOPPY JOE TURKEY BURGER COLESLAW FRENCH FRIES MIX FRUIT	Mar - 20 TURKEY CORN DOG HAM SANDWICH 3 BEAN SALAD CELERY STICKS FRESH FRUIT ASSOR 1% LOW FAT MILK	Mar - 21 ORANGE CHICKEN RICE HOT DOG CELERY STICKS FRESH FRUIT ASSOR 1% LOW FAT MILK	Mar - 22 FISH NUGGETS ROMAINE SALAD BABY CARROTS FRUIT,FRESH ASSOR 1% LOW FAT MILK
Mar - 25 CHICKEN BURGER SWEET POTATO FRIE BROCCOLI FRESH FRUIT ASSOR 1% LOW FAT MILK	Mar - 26 CHICKEN TACO BURRITO BEAN & CH JICAMA STICK REFRIED BEANS FRESH FRUIT ASSOR 1% LOW FAT MILK	Mar - 27 BURRITO BEAN & CH CHICKEN QUESIDILL CORN BROCCOLI FRESH FRUIT ASSOR 1% LOW FAT MILK	Mar - 28 CHILE BEANS CORNBREAD PB&J SANDWICH CELERY STICKS BABY CARROTS FRESH STRAWBERRY 1% LOW FAT MILK	Mar - 29 CHEESE PIZZA BABY CARROTS ROMAINE SALAD FRESH FRUIT ASSOR PINEAPPLE 1% LOW FAT MILK

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.