


Shade Elementary School Lunches

March 2019

Non-fat or 1% milk served with all meals

Reduced salad dressing is served with salads & fresh vegetables

<p>Free lunch to all students!!</p> <p>Menu is subject to change!</p> <p>**NEW ITEM</p>					<p>3/1/19</p> <p>Hot ham & cheese on wg bun Baked potato Steamed broccoli Blush pears</p>
<p>3/4/19</p> <p>Breaded chicken patty on wg bun Lettuce, tomato Spiral fries Steamed broccoli Mixed fruit</p>	<p>3/5/19</p> <p>Soft taco Lettuce/tomato Salsa Steamed corn Garlic breadstick Pineapple tidbits</p>	<p>3/6/19</p> <p>Pizzeria pizza (choice of red or white sauce) Garden salad Green beans Diced peaches</p>	<p>3/7/19</p> <p>Panther sub Lettuce, tomato, pickles Peas Baby carrots Sun chips Orange smiles Assorted juices</p>	<p>3/8/19</p> <p>Shrimp poppers Macaroni & cheese Steamed carrots Apple crisp Fresh fruit</p>	
<p>3/11/19</p> <p>Popcorn chicken chef salad Crinkle fries Assorted veggies Blush pears</p>	<p>3/12/19</p> <p>Ravioli w/sauce Mozzarella cheese cup Garlic breadstick Garden salad Green beans Diced peaches</p>	<p>3/13/19</p> <p>Salisbury steak Mashed potatoes Seasoned corn Shade wheat roll Applesauce</p>	<p>3/14/19</p> <p>Cheeseburger on wg bun Lettuce, tomato Tater tots Baked beans Mixed fruit</p>	<p>3/15/19</p> <p>Cheese pizza Garden salad Peas & diced carrots Mixed fruit Fresh fruit K-2 Ice Cream Day</p>	
<p>3/18/19</p> <p>Lasagna Garden salad Green beans Garlic toast Cherry applesauce</p> <p>3-6 Parent Lunch Day</p>	<p>3/19/19</p> <p>Chicken fries Seasoned rice Steamed broccoli Baby carrots Mandarin oranges</p>	<p>3/20/19</p> <p>Turkey deli sandwich Lettuce, tomato French fries Seasoned corn Mixed fruit</p>	<p>3/21/19</p> <p>Chicken tetrazzini Seasoned peas Shade wheat roll Blush pears</p>	<p>3/22/19</p> <p>Grilled cheese sandwich Choice of soup Crackers Mixed vegetables Celery w/peanut butter Diced peaches</p>	
<p>3/25/19</p> <p>Cheeseburger on wg bun Lettuce, tomato Spiral fries Baked beans Mixed fruit</p>	<p>3/26/19</p> <p>Hot chicken & gravy in bread bowl Buttered mashed potatoes Seasoned corn Cinnamon applesauce</p>	<p>3/27/19</p> <p>Sloppy Joe on wg bun French fries Mixed vegetables Chilled pears</p>	<p>3/28/19</p> <p>Hot dog on wg bun Tater nuggets Baked beans Pineapple tidbits</p>	<p>3/29/19</p> <p>**Stuffed crust pizza Garden salad Peas & diced carrots Diced peaches Fresh fruit</p>	