

East Cheatham Elementary - LUNCH - October 2018

	Monday	Tuesday	Wednesday	Thursday	Friday
1)	Entrees Macaroni and Cheese Chicken Smackers Sides 4-Green Beans 3-Mashed Potatoes F- Fruit Variety Breadstick	Entrees Stuffed Crust Pizza Breaded Pork Chop Sides 5-carrot stick cups 3-Spriral Cut Seasoned Fries F- Fruit Variety Roll	Entrees Mini Corn Dogs Chicken & Waffles Sides 1-Side Salad 3-Baked Potato F- Fruit Variety	Entrees Cheese Burger Hamburger Walking Taco Sides 5-carrot stick cups 1-Broccoli & Cheese F- Fruit Variety	Entrees Nick's BBQ Sandwich Chicken Spicy Breast Fillet Chicken Breast Fillet Sides 2-Baked Beans 5-creamy coleslaw F- Fruit Variety Hamburger Buns
8)	Entrees Cheese Burger Hamburger Chicken Smackers Sides 1-Side Salad Baby Carrots Seasoned Fries F- Fruit Variety	Entrees Chicken Fajita Walking Taco Sides 3-Corn, Commodity 2-Refried Beans F- Fruit Variety Tortilla	Entrees Stuffed Crust Pizza Chicken Spicy Breast Fillet Chicken Breast Fillet Sides 1-Broccoli & Cheese Crinkle Fries F- Fruit Variety Hamburger Buns	Entrees Tso's Smackers Teriyaki Chicken Sides 4-Roasted Cauliflower 4-Roasted Green Beans Egg Roll F- Fruit Variety Asian Rice	Entrees Spaghetti Sauce with Meatballs Chicken Alfredo Sauce Sides 1-Side Salad Peas F- Fruit Variety Spaghetti Noodles
15)	Entrees Stuffed Crust Pizza Country Fried Pork Chop Sides 5-Baked Carrots	Entrees Chicken & Waffles Mini Corn Dogs Sides 4-Green Beans	Entrees Burrito Quesadilla Sides 2-Refried Beans	Entrees Chicken Patty Spicy Chicken Patty RIB PATTY Sides	Entrees Corn Dog Uncrustables Sides 3-Corn, Commodity
22)		Entrees Stuffed Crust Pizza Country Fried Pork Chop Sides 5-Baked Carrots	Entrees Burrito Quesadilla Sides 2-Refried Beans	Entrees Chicken Patty Spicy Chicken Patty RIB PATTY Sides	Entrees Corn Dog Uncrustables Sides 3-Corn, Commodity

Monday	Tuesday	Wednesday	Thursday	Friday
3-Mashed Potatoes F- Fruit Variety Roll Country-style Gravy - Peppared	• 5-carrot stick cups • F- Fruit Variety	• 4-Celery Stick cups • F- Fruit Variety	• 1-Side Salad • 2-Baked Beans • F- Fruit Variety • Hamburger Buns	• Broccoli • F- Fruit Variety
29)	(30) • Entrees • Quesadillas • Stuffed Crust Pizza • Sides • 5-carrot stick cups • 4-Celery Stick cups • 2-Refried Beans • F- Fruit Variety	(31) • Entrees • Chicken Sandwich • Chicken Parm w/ filet • Spaghetti Noodles • Sides • 1-Side Salad • 1-Broccoli & Cheese • F- Fruit Variety		

East Cheatham Elementary - BREAKFAST - October 2018

	Monday	Tuesday	Wednesday	Thursday	Friday
1)	Entrees Cereal PANCK WRAP MAPL WGRAIN STIX 56-2.85Z Steak Patty Biscuit Sides F- Fruit Variety Juice Variety Cinnamon Glaze French Toast Sticks	Entrees Frudel Cereal Biscuit Sausage Patty Sides F- Fruit Variety Juice Variety Cinnamon Glaze French Toast Sticks	Entrees Donuts Cereal Steak Patty Biscuit Sides F- Fruit Variety Juice Variety Cinnamon Glaze French Toast Sticks	Entrees Cereal Chicken Breakfast Filet Biscuit Sides Juice Variety F- Fruit Variety Cinnamon Glaze French Toast Sticks Peppered Gravy	Entrees Pop-Tart Bacon, Egg, and Cheese Biscuit Cereal Sides F- Fruit Variety Juice Variety Cinnamon Glaze French Toast Sticks
3)					
15)	Entrees Donuts Biscuit Cereal Chicken Breakfast Filet Sides Juice Variety F- Fruit Variety Cinnamon Glaze French Toast Sticks	Entrees Frudel Cereal Chicken Breakfast Filet Biscuit Sides F- Fruit Variety Juice Variety Cinnamon Glaze French Toast Sticks	Entrees Yogurt Cereal Biscuit Steak Patty Sides Juice Variety F- Fruit Variety GRANOLA Cinnamon Glaze French Toast Sticks	Entrees Pop-Tart Cereal Biscuit Sausage Patty Sides Juice Variety F- Fruit Variety Cinnamon Glaze French Toast Sticks	Entrees Breakfast Pizza Muffin Cereal Sides Juice Variety F- Fruit Variety Cinnamon Glaze French Toast Sticks
2)	Entrees Cereal Pancake-Maple	Entrees Bacon, Egg, and Cheese Biscuit Yogurt	Entrees Donuts Cereal	Entrees Cereal Steak Patty	Entrees Cereal Biscuit

Monday	Tuesday	Wednesday	Thursday	Friday
<ul style="list-style-type: none"> • Biscuit • Chicken Breakfast Filet • Sides • F- Fruit Variety • Juice Variety • Toast 	<ul style="list-style-type: none"> • Cereal • Sides • Juice Variety • F- Fruit Variety • Toast • GRANOLA 	<ul style="list-style-type: none"> • English Muffin • Sausage Patty • Sides • F- Fruit Variety • Juice Variety • Toast 	<ul style="list-style-type: none"> • Biscuit • Waffle Cake • Sides • F- Fruit Variety • Juice Variety • Toast • Syrup 	<ul style="list-style-type: none"> • Sausage Patty • Sides • F- Fruit Variety • Juice Variety • Toast • Peppered Gravy
<ul style="list-style-type: none"> • (29) 	<ul style="list-style-type: none"> • (30) • Entrees • Pancake Wrapped Sausage • Breakfast Pizza • Cereal • Sides • F- Fruit Variety • Juice Variety • Toast 	<ul style="list-style-type: none"> • (31) • Entrees • Cereal • Biscuit • Chicken Breakfast Filet • Waffle Cake • Sides • F- Fruit Variety • Juice Variety • Toast 		