

HELPFUL NUMBERS

SOCIAL SECURITY	(800) 772-1213
DEPT. OF PUBLIC SOCIAL SERVICES (DPSS)	(310) 258-7400 (LA County) (626) 569-1399 (San Gabriel Valley) (818) 701-8200 (San Fernando Valley) (877) 410-8829 (SB County) www.c4yourself.com
LA MISSION – FOOD/SHELTER	(213) 629-1227
PATIENTS RIGHTS – MENTAL HEALTH	(800) 700-9996
EMERGENCY	DIAL 911
MTA FOR DISABLED	(800) 621-7828
FOOTHILL TRANSIT	(800) 743-3463
WIC OFFICE	(888) 942-2229 OR (626) 856-6600 (909) 590-4847 (POMONA)
SAN GABRIEL/POMONA REGIONAL CENTER	(909) 620-7722