

**Mineral Wells High School
Cafeteria
Manager – Tammy Fowler**

Food Court Menu



**School Lunch Prices
ALL STUDENTS EAT FREE
Adults Price- \$3.00**

1% White and Fat Free Chocolate Milk is offered with each meal.

Station	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	SAUSAGE, EGG, & CHEESE BISCUIT OR APPLE KOLACHE Powdered or Chocolate Donut YOGURT W/ MUFFIN Assorted Cereal w/Honey Grahams Assorted Fruit and Juice, Milk	PANCAKE ON A STICK Powdered or Chocolate Donut OR YOGURT W/ MUFFIN Assorted Cereal w/Honey Grahams Assorted Fruit and Juice, Milk	SAUSAGE & EGG & CHEESE OMLETTE WBISCUIT OR STRWBRY/CRM CHSE KOLACHE Powdered or Chocolate Donut YOGURT W/ MUFFIN Assorted Cereal w/Honey Grahams Assorted Fruit and Juice, Milk	CHICKEN & WAFFLE STICKS Powdered or Chocolate Donut OR YOGURT W/ MUFFIN Assorted Cereal w/Honey Grahams Assorted Fruit and Juice, Milk	BRKFST BURRITO OR PORK FILLED KOLACHE POWDERED OR CHOCOLATE DONUT OR YOGURT W/ MUFFIN Assorted Cereal w/Honey Grahams Assorted Fruit and Juice, Milk
MAIN EVENT	ASIAN CHICKEN W/ RICE CALIFORNIA BLEND ROMAINE SIDE SALAD PINEAPPLE TIDBITS	CHICKEN NUGGETS W/ GRAVY WHIPPED POTATOES SEASONED GREEN BEANS HOT ROLLS FRUIT SIDEKICK	MEXICAN CASSEROLE PINTO BEANS SEASONED CORN ROMAINE SIDE SALAD MANDARIN ORANGES	CHICKEN STRIPS W/ ROLL W/DIPPING SAUCE OR STEAK FINGERS W/ ROLL WHIPPED POTATOES W/GRAVY PEAS & CARROTS VEGETABLE CUP W/DIP MIXED FRUIT	CRISPITOS W/ CHEESE CUP ROMAINE SIDE SALAD SEASONED CORN REFRIED BEANS FRUIT SIDEKICKS
SNACK BAR	NATCHITOCES SPICY MEAT PIE W/CHIP HOT WINGS	STEAK W/JALAPENO HOT POCKET W/CHIPS HOT WINGS	TURKEY HAM & CHEESE SUB WRAP W/CHIPS HOT WINGS	SPICY CHICKEN SANDWICH HOT WINGS	HOT WINGS W/ DIP & SNACKS
ACROSS THE BORDER	CHICKEN QUESADILLA OR BEAN & CHEESE QUESADILLA MEXICAN RICE ROMAINE SIDE SALAD VEGETABLE CUP W/DIP PINEAPPLE TIDBITS	BBQ PULLED PORK OM W/G BUN VEGETABLE CUP W/RANCH CUP TATOR TOTS FRUIT SIDEKICK	CHICKEN WING DINGS W/ DIP MAC –N– CHEESE BAKED BEANS VEGETABLE SIDEKICKS MANDARIN ORANGES	BEEF & CHEESE NACHOS MEXI STYLE BEANS SEASONED CORN VEGETABLE CUP W/DIP MIXED FRUIT	CRISPITOS W/ CHEESE CUP ROMAINE SIDE SALAD SEASONED CORN REFRIED BEANS FRUIT SIDEKICKS
RAM EXPRESS	CHEESE PIZZA BITES W/ RANCH OR MARINARA ROMAINE SIDE SALAD WAFFLE FRIES VEGETABLE CUP W/DIP PINEAPPLE TIDBITS	CHICKEN SANDWICH VEGETABLE CUP W/ RANCH CUP TATOR TOTS FRUIT SIDEKICK	CHICKEN WING DINGS W/ DIP OR CORN DOG W/ MUSTARD MAC –N– CHEESE BAKED BEANS VEGETABLE SIDEKICKS MANDARIN ORANGES	ASSORTED SLICED PIZZA OR MINI BURGERS WAFFLE FRIES SEASONED CORN MIXED FRUIT	BEAN & CHEESE BURRITO OR CRISPITOS W/ CHEESE CUP ROMAINE SIDE SALAD REFRIED BEANS SEASONED CORN FRUIT SIDEKICKS

Public Notification of Nondiscrimination

It is the policy of Mineral Wells Independent School District not to discriminate on the basis of race, color, nation origin, sex or handicap in its vocation programs, services or activities as required by Title VI of the Civil Rights Act of 1964, as amended; Title IX of the Education Amendments of 1972; and Section 504 of the Rehabilitation Act of 1973, as amended.

For information about your rights or grievance procedures, contact the Title IX Coordinator, Natalie Griffin, 906 SW 5th Ave., 940-325-6404, and/or the section 504 Coordinator, David Tarver, at 906 SW 5th Ave., 940-325-6404