

TIME-OUT FOR




WELLNESS

THURSDAY, JANUARY 24TH
6PM-8PM AT MMS

Take a **TIME-OUT** with your family for **WILDCAT WELLNESS!** All are welcomed to attend this **FREE FAMILY-FRIENDLY** event where you can play and learn as a family. All will have a chance to play at wellness-themed activity stations. Students K-5 will also have an opportunity to be entered into a drawing for a family board game.

Sponsored by MASD Elementary Student Assistance Team
with support from Wildcat Foundation, Joseph T Simpson Library and Giant Foods.

 @MASDWildcatWellness 