



Medical Statement for Children with Special Dietary Needs: Each special dietary request must be supported by a statement, which explains the food substitution that is medical authority requested. It must be signed by a recognized authority.



MONDAY	TUESDAY	WEDNESDAY	Thursday	FRIDAY	Avg Nutrients Target
		8	9	10	
		Grilled Chicken Sandwich	Country Fried Steak	Pizza	Calories... 684
		Or	Or	Or	Cholesterol...71 mg
		PBJ Sandwich	PBJ Sandwich	PBJ Sandwich	Sodium.1040 mg
		Chips	Mashed Potatoes	Chips	Sugar 32.9 g
		Shredded Lettuce	Turnips	Baked Beans	Carbohydrates 95.1 g
		Tomato Cherry	Cornbread	Juice	
	Applesauce cup	Fresh Fruit	Cup Cake		
13	14	15	16	17	Avg Nutrients Target
Meatloaf/Roll	Spaghetti	Chicken Teriyaki Nuggets	Baked Chicken/Roll	Corndog	
Or	Or	Or	Or	Or	Calories...698
PBJ Sandwich	PBJ Sandwich	PBJ Sandwich	PBJ Sandwich	PBJ Sandwich	Cholesterol...66 mg
Mac & Cheese	Shredded Lettuce	Scalloped Potato	Mashed Potatoes	Chips	Sodium. 1117 mg
Carrots	Tomato Cherry	Broccoli/Cheese	Gravy Brown	Dill Spear	Sugar 37 g
Applesauce Cup	Corn	Roll	Green Beans	Baked Beans	Carbohydrates 101.1 g
	Fresh Fruit	Peaches	Rip Tide Slushie	Juice	
20	21	22	23	24	Avg Nutrients Target
Grilled Chicken Sandwich	Mac. Cheese w/Ham	Nachos	Country Fried Steak	Chicken Sandwich	Calories...721
Or	Or	Or	Or	Or	Cholesterol...69 mg
PBJ Sandwich	PBJ Sandwich	PBJ Sandwich	PBJ Sandwich	PBJ Sandwich	Sodium. 1133 mg
Chips	Potato Rounds	Chips	Mashed Potatoes	Baked Beans	Sugar 31.2 g
Shredded Lettuce	Popeye Salad	Shredded Lettuce	Turnips	Chips	Carbohydrates 100.5 g
Tomato Cherry	Rice Krispies Treat	Tomato Cherry	Cornbread	Juice	
Fruit Cocktail		Peach Cup	Fresh Fruit	Cup Cake	
27	28	29	30	31	Avg Nutrients Target
Meatloaf/Roll	Spaghetti	Chicken Teriyaki Nuggets	Baked Chicken/Roll	Corndog	Calories...700
Or	Or	Or	Or	Or	Cholesterol...66 mg
PBJ Sandwich	PBJ Sandwich	PBJ Sandwich	PBJ Sandwich	PBJ Sandwich	Sodium. 1106 mg
Mac & Cheese	Shredded Lettuce	Scalloped Potato	Mashed Potatoes	Chips	Sugar 37.7 g
Carrots	Tomato Cherry	Broccoli/Cheese	Gravy Brown	Dill Spear	Carbohydrates 101.7 g
Applesauce Cup	Corn	Roll	Green Beans	Baked Beans	
	Fresh Fruit	Peaches	Rip Tide Slushie	Juice	

Low fat and fat free white, strawberry, lactose free milk and chocolate milk offered daily.

Georgia Grown

Menu subject to change based on availability.

Locally Grown