

GALLUP MCKINLEY COUNTY SCHOOLS

Coughing and sneezing etiquette



Cover your mouth and nose with a tissue.



Dispose of your tissue properly.



If there is no tissue, cough or sneeze into the bend of elbow – not your hand.



If you sneeze or cough into hand, wash your hands as soon as possible.



GALLUP-McKINLEY
COUNTY SCHOOLS

WASH YOUR HANDS OFTEN

COVER YOUR MOUTH AND NOSE

STAY HOME IF YOU ARE SICK

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