

Arrow Academy Wellness Policy Assessment Tool

| <input type="checkbox"/> Champions <input type="checkbox"/> Harvest <input type="checkbox"/> Liberation <input checked="" type="checkbox"/> SOS | | | | |
|-------------------------------------------------------------------------------------------------------------------------------------------------|----------------|--------------------|--------------|-----------------|
| | Fully In Place | Partially In Place | Not in Place | Example/Comment |
| Nutrition Guidelines | | | | |
| Campus does not sell competing foods and drinks on campus during the school day including fund raisers. | x | | | |
| Campus does not market or advertise food or beverage that does not meet Smart Snack or National School Lunch Program standards. | x | | | |
| Wellness Goals | | | | |
| Students receive education on healthy eating. | x | | | |
| Nutrition education is integrated into classroom curriculum. | x | | | |
| Campuses only allow outside food that has nutrition labeling to be brought into classrooms. | | x | | |
| Nutrition staff participates in district provided development training and huddles. | x | | | |
| Positive nutritional messaging and promotion occurs in the cafeteria and the classroom. | x | | | |
| Educational nutrition information is shared with families and the general public. | x | | | |
| Physical Activities | | | | |
| Campus provides at minimum the required amount of physical activity and physical education to students. | x | | | |
| Physical education classes emphasize moderate to vigorous activity. | x | | | |
| Teachers incorporate physical activity into the academic curriculum. | | x | | |
| Educational fitness information is shared with families and the general public. | x | | | |
| Families are encouraged to be active role models and to include physical activity in family events. | x | | | |
| Implementation | | | | |
| Campus completes an annual assessment of the implementation of the Wellness Policy. | x | | | |

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