



# WE HAVE YOUR NEW YEAR'S RESOLUTION

Join us every day for convenient, economical, healthy meals!

| Breakfast | Lunch  |
|-----------|--------|
| \$1.60    | \$2.35 |

This institution is an equal opportunity provider.



## DON'T 4GET!

To make a lunch, choose at least one

- Fruit/Juice
- Veggie

and 3-5 items total

- Grains
- Milk
- Protein
- Fruit/Juice
- Vegetables

DERRY TOWNSHIP SCHOOL DISTRICT FOOD SERVICES

| Monday, January 7   | Tuesday, January 8  | Wednesday, January 9  | Thursday, January 10  | Friday, January 11   |
|---|---|---|---|--|
| <b>Breakfast</b><br>Breakfast Pizza<br>Fruit & Milk                       | <b>Breakfast</b><br>Frudel<br>Fruit & Milk                                | <b>Breakfast</b><br>Egg, Bacon, & Toast<br>Fruit & Milk                             | <b>Breakfast</b><br>French Toast Sticks<br>Fruit & Milk                               | <b>Breakfast</b><br>Biscuit<br>Fruit & Milk                                    |
| <b>Lunch</b><br>Cheeseburger<br>Green Beans<br>Sun Chips<br>Fruit<br>Milk | <b>Lunch</b><br>Cheese Sticks<br>Coleslaw<br>Baked Beans<br>Fruit<br>Milk | <b>Lunch</b><br>Lasagna Rollup<br>Mashed Potatoes<br>WG Breadstick<br>Fruit<br>Milk | <b>Lunch</b><br>Spaghetti<br>Corn<br>Mixed Green Salad<br>Texas Toast<br>Sliced Pears | <b>Lunch</b><br>Beef Teriyaki<br>Dippers<br>Glazed Carrots<br>WG Roll<br>Fruit |

### Available Daily

**Breakfast**

Fruit and 100% Fruit Juice  
 Entrees 1. Cereal or Pop Tart  
 Or  
 2. Yogurt w/ Toast

**Lunch**

- PB Sandwich w/ Turkey Stick
- Cheese Sandwich w/ Turkey



**Monday, January 14**

**Breakfast**

Pancakes & Bacon  
Fruit & Milk

**Lunch**

Chicken Biscuit  
Hash Browns  
Mixed Vegetables  
Fruit  
Milk

**Tuesday, January 15**

**Breakfast**

Egg & Cheese  
Biscuit  
Fruit & Milk

**Lunch**

Turkey Wrap  
Corn  
Broccoli & Cheese  
Fruit  
Milk

**Wed., January 16**

**Breakfast**

Egg, Turkey Bacon,  
& Toast  
Fruit & Milk

**Lunch**

PB&J  
Turkey Stick  
Carrots w/ Dip  
Fruit  
Milk

**Thursday, January 17**

**Breakfast**

Breakfast Pizza  
Fruit & Milk

**Lunch**

Cheese Quesada  
Rice  
Mixed Vegetables  
Diced Peaches  
Milk

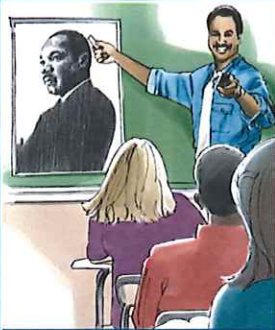
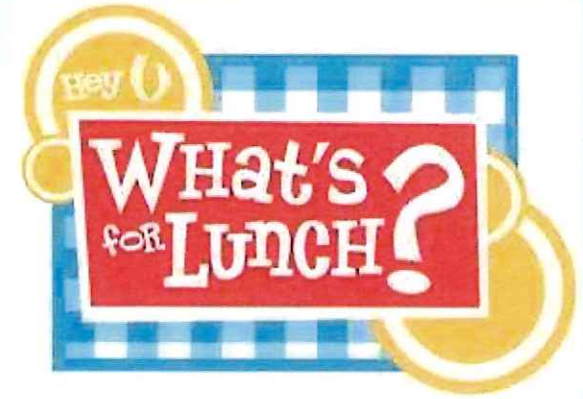
**Friday, January 18**

**Breakfast**

Biscuit  
Fruit & Milk

**Lunch**

Hamburger  
Mac & Cheese  
Baked Beans  
Fruit  
Milk



*School will be closed  
Monday, January 21  
in recognition of  
Martin Luther King, Jr.'s  
birthday.*

**Tuesday, January 22**

**Breakfast**

Egg, Bacon, &  
Toast  
Fruit & Milk

**Lunch**

Popcorn Chicken  
Glazed Carrots  
Green Beans  
WG Breadstick  
Fruit  
Milk

**Wed., January 23**

**Breakfast**

Frudel  
Fruit & Milk

**Lunch**

Chicken Sandwich  
Smiley Fries  
Fruit  
Milk

**Thursday, January 24**

**Breakfast**

Chicken Biscuit  
Fruit & Juice

**Lunch**

Pizza  
Refried Beans  
Corn  
Mandarin Oranges  
Milk

**Friday, January 25**

**Breakfast**

Biscuit  
Fruit & Milk

**Lunch**

1/2 Baked Potato  
w/ Chili  
Broccoli w/ 1C  
Cheese  
Jell-O w/ Fruit  
Cocktail  
Milk



**Monday, January 28**

**Breakfast**

Bacon, Egg, &  
Cheese Biscuit  
Fruit & Milk

**Lunch**

Popcorn Chicken  
Whole Potatoes  
Corn  
Fruit  
Milk

**Tuesday, January 29**

**Breakfast**

Pancakes & Bacon  
Fruit & Milk

**Lunch**

Chicken Pot Pie  
Mashed Potatoes  
Green Beans  
Fruit  
Milk

**Wed., January 30**

**Breakfast**

Chicken Biscuit  
Fruit & Milk

**Lunch**

Spaghetti  
Fries  
Peas  
Fruit  
Milk

**Thursday, January 31**

**Breakfast**

Breakfast Pizza  
Fruit & Milk

**Lunch**

Pizza  
California Blend  
Fries  
Yogurt &  
Blueberry Parfait  
Milk

