

# August

## WLCP/EWCP MEAL CALENDAR

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
6	7	8	9	10
13	14	15	16	17
B: corn chex & mini dipperdoodle bar  <b>INTERSESSION NO LUNCH, NO SUPPER</b>	B: breakfast cinnamon crumble  <b>INTERSESSION NO LUNCH, NO SUPPER</b>	B: french toast muffin L: pepper jack cheeseburger  <b>DAY ONE - NO SUPPER</b>	B: blueberry burst bagel w/ cream cheese L: bbq beef flatbread melt  <b>DAY TWO - NO SUPPER</b>	B: snow flurries cereal L: bbq chicken wrap  <b>DAY THREE - NO SUPPER</b>
20	21	22	23	24
B: jumpstart breakfast: mini dipperdoodle w/ string cheese L: bbq chicken drumstick w/ cheesy rice S: educational snacks, sun seeds, string cheese & carrots	B: blueberry muffin L: spaghetti and meatballs S: goldfish pretzels, string cheese, sun seeds & carrots	B: cocoa critters cereal L: turkey and cheddar sandwich  <b>NO SUPPER</b>	B: banana muffin L: flame broiled beef burger S: cheddar goldfish, sun seeds, string cheese & carrots	B: yogurt & granola L: hot dog S: honey wheat crackers, sunbutter, string cheese & celery
27	28	29	30	31

### Welcome Back!

Start your day (and your new school year!) off right with a healthy breakfast.

Not only is breakfast the **most important meal of the day**, but it's also one of the key ways to **maximize your daily energy** and **increase concentration** throughout the whole day!

**Breakfast:** choice of 1% or fat-free milk; fresh fruit served daily except when fruit juice is offered twice per week.

*This institution is an equal opportunity provider*

