

Celebrate Red Ribbon and Healthy Schools Week
Bartlett Elementary
October 19-26 (2018)

Our children are faced with various challenges each day. Often times, they don't know how to get themselves out of difficult situations, such as peer pressure from their friends. Research shows that young people who learn to say "NO" to harmful drugs are less likely to be associated with crime, delinquency and other destructive behaviors. Please partner with us by allowing your children to participate in our theme days as we teach our students to live drug free, healthy lives.

Friday, October 19 - My future is BRIGHT and Red Ribbon Kick Off Day. Wear something red today and your jeans. Talk with your children about appropriate school and bus behavior, using good manners and being respectful to their peers and adults.

Monday, October 22- Team Up Against Drugs. Wear your favorite sports shirt, jersey, cheerleading uniform, or college shirt and jeans. Talk with your children about the kinds of things they can do instead of drugs. For example, exercise, play a game with family members, watch a movie, read a book, go outside and play, or ride a bike.

Tuesday, October 23- Cowboy Up Against Drugs And Give Drugs The Boot. Wear your favorite western clothes, such as jeans, plaid shirts, cowboy hats, cowboy boots, regular boots, or gym shoes. Talk about planning a fun activity for your family. **Please DO NOT send toy weapons to school today as part of your child's outfit.**

Wednesday, October 24- Say "NO" To Drugs Through The Decades. Dress in bell bottom jeans, tie dye, and other appropriate clothes from the 50's, 60's, 70's, 80's or 90's. Talk with your children about ways to resolve problems peaceably versus using violence.

Thursday, October 25- Dress Up Like Your Favorite Book Character (In honor of our school's Open House and Book Fair. Who are you going to be? Dress up as your favorite book character. Talk with your children about the importance of living drug free lives.

Friday, October 26- Hide From Drugs Camouflage Day. Wear your favorite camo wear and jeans. Talk with your children about their dreams and goals for the future. Ask them what career they want to pursue and share with them how you will support them in their efforts.

Thank you for your support and participation.
Robin Crutchfield, School Counselor

