

# Base Menu Spreadsheet

## Weighted Values

Apr 1, 2019 thru Apr 2, 2019

**Menu Name:** HIGH SCHOOL LINE 2 Pizza/Wings

**Include Cost:** No

**Site:**

**Report Style:** Detailed

**Monday - 04/01/2019**

**Reimbursable Meal Total 100**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	Carb (g)	Protn (g)
990081 Cheese Pizza Slice	Slice	25	75	120	2	8.75	4.00
001246 Dominos Pepperoni Pizza	slice	25	68	142	1	7.25	5.00
001359 Buffalo Chicken Pizza	Slice, 5.21 oz	50	195	375	4	17.50	10.00
000965 Baked Beans	1/2 Cup	50	70	185	6	15.00	3.00
001505 Garden Salad	each	60	8	8	*0	1.56	0.54
990058 Roasted Corn	1/2 Cup	60	72	78	5	13.20	1.80
000581 Carrot / Cucumbers	1/2 Cup	75	13	21	2	3.19	0.35
000064 Fresh Apple	each	25	24	0	5	6.28	0.12
001476 Banana	each	35	53	1	7	13.56	0.65
000650 Cherry Jello w/ Pineapples	1/2 cup	75	34	20	*6	6.89	0.36
001043 Peaches, Diced Ex Lt Syrup	1/2cup	40	26	2	5	6.00	0.00
001503 Ranch Dressing	2 Tbsp	80	40	240	1	6.40	0.80
000588 Chocolate Milk	each	60	66	60	11	11.40	4.80

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	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	Carb (g)	Protn (g)
000589 White Milk	each	20	20	25	2	2.40	1.60
Weighted Daily Average			763	1278	*57	119.38	33.02
% of Calories					*29.9%	62.6%	17.3%
Weekly Nutrient Guideline			750 - 850	1420			

**Tuesday - 04/02/2019**

**Reimbursable Meal Total 100**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	Carb (g)	Protn (g)
990081 Cheese Pizza Slice	Slice	25	75	120	2	8.75	4.00
001246 Dominos Pepperoni Pizza	slice	25	68	142	1	7.25	5.00
001359 Buffalo Chicken Pizza	Slice, 5.21 oz	50	195	375	4	17.50	10.00
001505 Garden Salad	each	60	8	8	*0	1.56	0.54
990058 Roasted Corn	1/2 Cup	60	72	78	5	13.20	1.80
000581 Carrot / Cucumbers	1/2 Cup	75	13	21	2	3.19	0.35
000064 Fresh Apple	each	25	24	0	5	6.28	0.12
001476 Banana	each	35	53	1	7	13.56	0.65
000650 Cherry Jello w/ Pineapples	1/2 cup	80	36	21	*7	7.34	0.39
001043 Peaches, Diced Ex Lt Syrup	1/2cup	60	39	3	8	9.00	0.00
001503 Ranch Dressing	2 Tbsp	80	40	240	1	6.40	0.80
000588 Chocolate Milk	each	60	66	60	11	11.40	4.80

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000589 White Milk	each	20	20	25	2	2.40	1.60
Weighted Daily Average			708	1095	*53	107.84	30.05
% of Calories					*29.9%	60.9%	17.0%
Weekly Nutrient Guideline			750 - 850	1420			

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - denotes required nutrient values

<sup>2</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.