

# November Menu 2018



			<p>1 A – BBQ pulled Pork** On WW Bun</p> <p>B – Bean &amp; Cheese Goldfish Sandwich C – Chicken Caesar Salad w/ breadstick</p>	<p>2 A – Traditional wedge Cheese Pizza</p> <p>B – WG mini Chicken Corn Dogs</p> <p>C – Turkey Pinwheel</p>
<p>5 A – Chicken &amp; Waffles w/ syrup dipper</p> <p>B – Sun butter &amp; jelly Sandwich w/ cheese stick C – American Sub ** Sandwich on WW bun</p>	<p>6 TEACHER INSTITUTE DAY</p> <p>NO SCHOOL</p>	<p>7 A – Chicken Patty Sandwich on WW bun</p> <p>B – Yogurt Parfait w/ granola &amp; mixed berries C – Ham &amp; Cheese sandwich **</p>	<p>8 A – Walking taco – chips Seasoned meat &amp; cheese</p> <p>B – Southwest Hummus Wrap on WG tortilla C – Chicken Caesar Salad w/ breadstick</p>	<p>9 A – Personal pan Cheese pizza</p> <p>B – All Beef Hot Dog on WW bun</p> <p>C – Turkey Pinwheel</p>
<p>12 A – Bosco Sticks w/ Marinara dipper</p> <p>B – Sun butter &amp; Jelly Sandwich w/ cheese stick C – American Sub ** Sandwich on WW bun</p>	<p>13 A – Chicken Nuggets w/ cheddar biscuit</p> <p>B – Protein Pack w/ hard egg, sun butter, wg bagel C – Turkey &amp; Cheese sandwich</p>	<p>14 A – WG Rotini Pasta &amp; meatballs with breadstick</p> <p>B – Yogurt Parfait w/ granola &amp; mixed berries C – Ham &amp; Cheese sandwich **</p>	<p>15 A – WG maple pancakes With a yogurt cup</p> <p>B – Egg &amp; Cheese Burrito on WW tortilla C – Chicken Caesar Salad w/ breadstick</p>	<p>16 A – Stuffed Crust Cheese Pizza</p> <p>B – WG Mini Chicken Corn Dogs C – Turkey Pinwheel</p>
<p>19 PARENT TEACHER CONFERENCES</p>	<p>20 PARENT TEACHER CONFERENCES</p>	<p>21 NO SCHOOL</p>	<p>22 THANKSGIVING DAY</p> <p>NO SCHOOL</p>	<p>23 NO SCHOOL</p>
<p>26 A – Nacho Platter Chips, cheese &amp; meat</p> <p>B – Sun butter &amp; jelly Sandwich w/ cheese stick C – American Sub ** Sandwich on WW bun</p>	<p>27 A – Chicken Cordon Bleu sandwich</p> <p>B – Protein Pack w/ hard egg, sun butter, wg bagel C – Turkey &amp; Cheese sandwich</p>	<p>28 A – BBQ Ribette sandwich **</p> <p>B – Yogurt Parfait w/ granola &amp; mixed berries C – Ham &amp; Cheese sandwich **</p>	<p>29 A – Cheeseburger On whole wheat bun</p> <p>B – Blackbean Burger On whole wheat bun C – Chicken Caesar Salad w/ breadstick</p>	<p>30 A – Traditional Wedge Cheese pizza</p> <p>B – All Beef Hot Dog on WW bun C – Turkey Pinwheel</p>

Westchester Middle School  
Lunch Price \$3.75 Milk Only \$.30  
All Lunches come with the Farmers  
Garden Bar to complete your order

\*\* this lunch meal  
contains pork  
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