



## Athlete Clearance Checklist

### Sports Clearance Instructions

1. Any student-athlete participating in any sport offered at MCP MUST do the following in order to play:
  - a. register for Sportsware (instructions below)
  - b. complete all forms within
  - c. fill out and print the "Sports Physical Form" from Sportsware to bring to MCP's Sports Physical Night (3<sup>rd</sup> Wed of May)
2. All forms required for participation are also available online at [www.missionprep.org/apps/pages/athletics](http://www.missionprep.org/apps/pages/athletics)

#### *How to Register for Sportsware Online*

- STEP 1: Click on [www.swol123.net](http://www.swol123.net)



- STEP 2: Scroll to middle of screen and click on **Join Sportsware** button

- STEP 2: Input the School ID (*MCP Royals*)

#### Please input your information to join SportsWare

School ID  (ID you received from the Athletics Department)



- STEP 3: Input your information



Please input your information to join SportsWare

Athlete's First Name

Athlete's Last Name

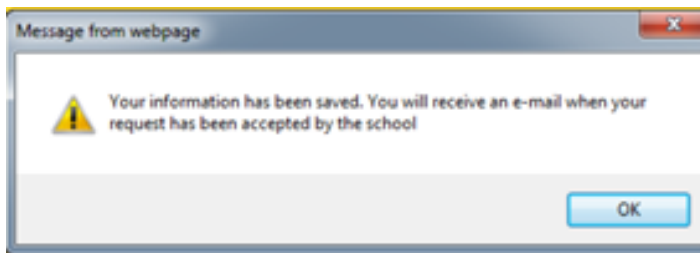
Email  (If athlete is a minor you can use a parent's e-mail address)

1. Enter First/Last Name

2. Email address (school email preferred over personal email)

3. Click **SEND** button

- **STEP 4:** Your request to join Sportsware will be sent to the Athletic Trainer for review



***\*\*it might take 24-48 hours for your review to be accepted, depending on when you requested\*\****

- **STEP 5:** You will receive an email with the subject “Sportsware request accepted” once your request is accepted.

Open the email and click the [www.swol123.net](http://www.swol123.net) link to continue

- **STEP 6:** Complete athlete information (#1), medical history (#2), and attached forms (#3)

**ATHLETE'S PORTAL - ATHLETE**

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**Forms** #3

You have **1** form(s) to complete/download.

**Status**

Your Athlete Information is **INCOMPLETE**. Please click [here](#) to complete it.

Your Medical History is **INCOMPLETE**. Please click [here](#) to complete it.

Game Status:  
Practice Status:  
Cleared To Play: No

**Notices And Handbooks**

	Title
No records to display.	



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*You **MUST** print out the “Sports Physical Form” and bring to  
Sports Physical Night (3<sup>rd</sup> Wed of May)*

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□ STEP 7: IF YOU DO NOT ATTEND SPORTS PHYSICAL NIGHT: please turn in your signed paper physical form to either the Athletic Director or Athletic Trainer

***PASSWORD RECOVERY:***

- Go to [www.swol123.net](http://www.swol123.net)
- Enter your email or your students’ school email
- Click on “Reset password/Forgot password” located under Sign-In area

*\*\*a link will be sent to your email to make a new password\*\**