

**Healthcare Provider Authorization and Parent Consent  
For Management of Diabetes at School and School Sponsored Events**

Student's Name \_\_\_\_\_ DOB \_\_\_\_\_ School \_\_\_\_\_ Gr. \_\_\_\_\_

Diabetes: Type 1 \_\_\_\_\_ Type 2 \_\_\_\_\_ Other \_\_\_\_\_

**Student's level of competency (designate by marking one in each category):**

Blood glucose testing:    \_\_\_ independent management    \_\_\_ with trained staff    \_\_\_ Licensed Nurse    \_\_\_ Parent/Designee\*  
Insulin dose determination: \_\_\_ independent management    \_\_\_ with trained staff    \_\_\_ Licensed Nurse    \_\_\_ Parent/Designee \*  
Insulin dose preparation:  \_\_\_ independent management    \_\_\_ with trained staff    \_\_\_ Licensed Nurse    \_\_\_ Parent/Designee\*  
Insulin administration:    \_\_\_ independent management    \_\_\_ with trained staff    \_\_\_ Licensed Nurse    \_\_\_ Parent/Designee\*  
Additional Comments \_\_\_\_\_

*\*All parent designees are trained by the parent and not by employees of the school or district.*

**Blood Glucose Monitoring**

Target range of blood glucose: \_\_\_ 70-100    \_\_\_ 70-120    \_\_\_ 70-150    \_\_\_ 70-180    \_\_\_ 70-200    \_\_\_ Other \_\_\_\_\_

Blood glucose to be checked (mark all that apply):

\_\_\_ Before meals    \_\_\_ Before snacks    \_\_\_ If student exhibits symptoms of low or high blood glucose    \_\_\_ Before boarding fieldtrip bus (see Bus Transportation page 3)    \_\_\_ Other times \_\_\_\_\_

Additional Comments \_\_\_\_\_

**Hypoglycemia (low blood glucose):**    \_\_\_ Blood Glucose less than 70 mg/dl    or    \_\_\_ BG less than \_\_\_\_\_ mg/dl

**Typical symptoms of hypoglycemia:** Hunger, shakiness, sweating, tiredness, headache, weakness, dizziness, paleness, rapid heart rate, irritability, drowsiness, numbness or tingling around mouth. **Serious symptoms indicating emergency include:** combativeness, seizure, or loss of consciousness. **All school personnel in contact with this student need to observe and immediately report to health office or main office if student develops any of the symptoms listed above.**

**Mild Hypoglycemia:**

1. Treatment is given for low blood glucose. *Student must never be left alone when low blood sugar is suspected.*
2. Treat with one of the following: 4 oz. any type of juice, 4 oz. regular soda (not diet), 3 glucose tablets, or 1 table- spoon sugar in water.
3. Retest in 15 minutes and **repeat step 2 if blood sugar is still below 70 or if symptoms persist.**
4. ***If student is still hypoglycemic after 3 times, notify parent immediately.***
5. Once blood sugar is above 70 mg/dl, **if next meal or snack is not scheduled for 1 hour, provide 15 grams of extra carbohydrate** (i.e. peanut butter and crackers, 3 oz milk, 27 Cheez-Its, 6 saltines, 3-3" graham crackers, 1 slice of meat, or cheese and crackers).

Additional Comments \_\_\_\_\_

**Moderate Hypoglycemia:** If student is conscious but unable to effectively drink fluids offered:

1. \_\_\_\_\_ Administer 15 grams of glucose gel between cheek and gum with head elevated. Encourage student to swallow. NOTIFY PARENT.
2. After glucose gel is given recheck blood glucose in 10 to 15 minutes.
3. If blood glucose still below 70 mg/dl repeat steps 1 and 2.
4. ***Contact parent immediately to pick up student and seek medical care if blood sugar remains below 70 mg/dl.***
5. Once blood sugar is above 70 mg/dl **if next meal or snack is not scheduled for 1 hour, provide 15 grams of extra carbohydrate and protein snack** (i.e. peanut butter and crackers 3 oz milk, 27 Cheez-Its, 6 saltines, 3-3" graham crackers, or cheese and crackers).

Additional comments \_\_\_\_\_

**Severe Hypoglycemia: If student is combative, has a seizure or loses consciousness it is a medical emergency.**

1. Call 911; insure open airway, and drainage of secretions or vomit, by placing student in a side-laying position.
2. \_\_\_\_\_ Administer Glucagon by intramuscular injection; \_\_\_ 0.5 mg if 9 yrs or younger    \_\_\_ 1.0 mg if 10 yrs or older
3. \_\_\_\_\_ N/A Parent **does not** want Glucagon given (**must be signed by parent**): \_\_\_\_\_
4. If student regains consciousness give sips of clear lemon-lime soda or other non-diet soda equaling 3 to 6 ounces.

***After treatment for a severe low blood glucose event the parent and medical doctor should be informed.***

Orders continued on next page.