



Medical Statement for Children with Special Dietary Needs: Each special dietary request must be supported by a statement, which explains the food substitution that is medical authority requested. It must be signed by a recognized authority.

GO CATS

MONDAY	TUESDAY	WEDNESDAY	Thursday	FRIDAY	Avg Nutrients Target
			1	2	
Grilled Chicken Sandwich	Chicken Sandwich	PB&J Sandwich	PB&J Sandwich	Pizza	Calories... 715
PB&J Sandwich	PB&J Sandwich	Hot Dog & Bun	Pork Roast w/Gravy	PB&J Sandwich	Cholesterol...57 mg
French Fries	Potato Rounds	French Fries	Mashed Potatoes	Baked Beans	Sodium.1144 mg
Lettuce & Tomato	Green Beans	Lettuce & Tomato	Turnips	French Fries	Sugar 34.9 g
Fruit Cocktail	Rip Tide Slushie	Peach Cup	Cornbread	Peaches	Carbohydrates 105.6 g
Applesauce cup	Fresh Fruit	Pineapple	Fresh Fruit	Juice	
		Rice Krispies Treat	Diced Pears	Cup Cake	
5	6	7	8	9	
Chicken Chunks	Spaghetti	Chicken Teriyaki Nuggets	Turkey	Pizza	Calories...716
PB&J Sandwich	Bread Sticks	PB&J Sandwich	Dressing /w Giblet Gravy	BBQ Pork Sandwich	Cholesterol...69 mg
Mac & Cheese	PB&J Sandwich	Scalloped Potato	PB&J Sandwich	Potatoe Wedges	Sodium. 1122 mg
Roll	Lettuce & Tomato	Broccoli & Cheese	Seasoned Green Beans	Baked Beans	Sugar 37.7 g
Blackeyed Peas	Corn	Roll	Sweet Potatoes	Diced Peaches	Carbohydrates 103.1 g
Carrots	Diced Pears	Fresh Fruit	Fresh Fruit	Cookie	
Fruit Cocktail	Applesauce Cup	Diced Peaches	Roll		
Applesauce Cup			Strawberry Cup		
12	13	14	15	16	
PB&J Sandwich	Fish Sandwich	Chicken Sandwich	Chicken Chunks	Pizza	Calories...721
Hamburger	PB&J Sandwich	Pizza	Pork Roast w/Gravy	PB&J Sandwich	Cholesterol...69 mg
French Fries	Potato Rounds	French Fries	Mashed Potatoes	Baked Beans	Sodium. 1133 mg
Lettuce & Tomato	Green Beans	Lettuce & Tomato	Turnips	French Fries	Sugar 31.2 g
Fruit Cocktail	Rip Tide Slushie	Corn	Cornbread	Diced Peaches	Carbohydrates 100.5 g
Applesauce cup	Fresh Fruit	Pineapple	Fresh Fruit	Pudding	
		Rice Krispies Treat	Diced Pears		
19	20	21	22	23	
26	217	28	29	30	Avg Nutrients Target
Grilled Chicken Sandwich	PB&J Sandwich	PB&J Sandwich	PB&J Sandwich	Pizza	Calories...718
PB&J Sandwich	Chicken Sandwich	Hot Dog & Bun	Country Fried Steak	PB&J Sandwich	Cholesterol...58 mg
French Fries	Potato Rounds	French Fries	Mashed Potatoes	Baked Beans	Sodium. 1077 mg
Lettuce & Tomato	Green Beans	Lettuce & Tomato	Turnips	French Fries	Sugar 37.5 g

Fruit Cocktail	Rip Tide Slushie	Corn	Cornbread	Diced Peaches	Carbohydrates 103.9 g
Applesauce Cup	Fresh Fruit	Peach Cup / Pineapple	Fresh Fruit	Pudding	
		Rice Krispies Treat	Diced Pears		
Low fat and fat free white, strawberry, lactose free milk and chocolate milk offered daily.					
Georgia Grown	Menu subject to change based on availability.				Locally Grown

