



# Breakfast Menu

## November, 2018

### More info...

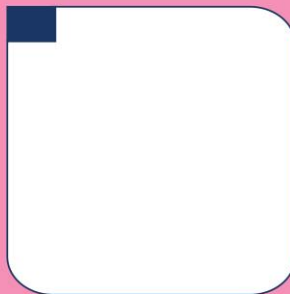
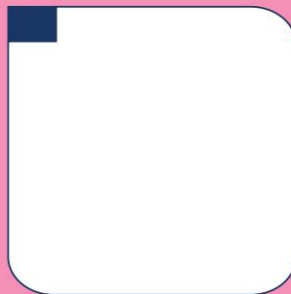
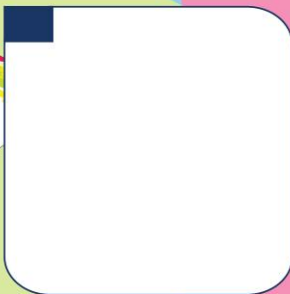
Students must select a minimum of 3 food items to make a meal.

### Choice of Milk:

1% Fat Free or  
Fat Free Chocolate Milk

### More info...

A parent/guardian of any student with a food allergy should feel free to contact the Food Service Director at:  
(708)-484-5773



01  
Yogurt  
Graham Snack  
Fruit Juice  
Fresh Banana

02  
Cinnamon Chex  
String Cheese  
Apple Juice  
Craisins

05  
No School

06  
No School

07  
NG Bar  
Cheese Stick  
Orange Juice  
Fresh Banana

08  
Yogurt  
Graham Snack  
Fruit Juice  
Fresh Apple

09  
Golden Grahams  
String Cheese  
Apple Juice  
Craisins

12  
Nutri Grain Bar  
String Cheese  
Fruit Juice  
Fresh Apple

13  
Muffin  
String Cheese  
Apple Juice  
Fresh Pear

14  
Golden Grahams  
String Cheese  
Orange Juice  
Fresh Banana

15  
Yogurt  
Graham Snack  
Fruit Juice  
Fresh Apple

Muffin  
String Cheese  
Apple Juice  
Craisins

19  
Frosted Mini  
Wheat  
String Cheese  
Fruit Juice  
Fresh Apple

20  
Mini Strawberry  
Cheese Bagel  
Apple Juice  
Fresh Apple

21  
Thanksgiving  
Holiday

22  
Thanksgiving  
Holiday

23  
Thanksgiving  
Holiday

26  
Cinnamon Chex  
String Cheese  
Fruit Juice  
Fresh Apple

27  
Cinnamon Riasin  
Bagel  
w/ Cream Cheese  
Apple Juice  
Fresh Pear

28  
Blueberry Nutri  
Grain Bar  
String Cheese  
Orange Juice  
Fresh Banana

29  
Golden Grahams  
Yogurt  
Fruit Juice  
Fresh Apple

30  
Muffin  
String Cheese  
Apple Juice  
Craisins



This institution is an equal opportunity provider.