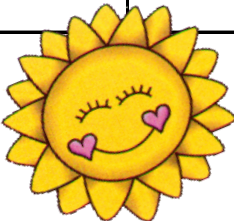


MAY 2019 - More @ Four Snacks

NEWTON-CONOVER CITY SCHOOLS

Snacks are provided daily for our Pre-Kindergarten Classes

All snacks provided meet the USDA's Child Care snack requirements for the NCPK program

MONDAY		TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Carrot Chips - 1/2 c Ranch Dip - 1 oz 1% Milk - 4 fl oz	2 Sliced Pears - 1/2 c 1% Milk - 4 fl oz	3 Mixed Fruit - 1/2 c 1% Milk - 4 fl oz
		6 Banana - 1/2 c 1% Milk - 4 fl oz	7 Cucumber Slices - 1/2 c Ranch Dip - 1 oz 1% Milk - 4 fl oz	8 Cheddar Goldfish - .75 oz wt 1% Milk - 4 fl oz	9 Applesauce - 1/2 c 1% Milk - 4 fl oz
13 Chz Quesadilla - 1.25 oz wt Water	14 Turkey & Chz Wrap - 1.5 oz Water	15 Sliced Peaches - 1/2 c 1% Milk - 4 fl oz	16 Cheerios Bowl Pack - 1 oz 1% Milk - 4 fl oz	17 Cheddar Goldfish - .75 oz wt 1% Milk - 4 fl oz	
20 Fresh Orange Wedges - 5/8 c 1% Milk - 4 fl oz	21 Ham & Cheese Wrap - 1.5 oz wt Water	22 Carrot Chips - 1/2 c Ranch Dip - 1 oz 1% Milk - 4 fl oz	23 Sliced Pears - 1/2 c 1% Milk - 4 fl oz	24 Mixed Fruit - 1/2 c 1% Milk - 4 fl oz	
27 NO SCHOOL HOLIDAY	28 Sliced Pears - 1/2 c 1% Milk - 4 fl oz	29 Cheddar Goldfish - .75 oz wt 1% Milk - 4 fl oz	30 Applesauce - 1/2 c 1% Milk - 4 fl oz	31 Rice Chex Bowl Pack - 1 oz 1% Milk - 4 fl oz	

Menus, Nutrition, and Allergen Information can be found on our system website: www.newton-conover.org - Menus are subject to change - Notice is given when possible

USDA is an equal opportunity provider and employer'