

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Mon - 08/12/2019																
BREAKFAST-1	Total	100														
Southwest Breakfast Taco	2 tortillas	50	248	253	446	*2.00	1.22	132.1	203	*2.0	*1	13.18	22.79	11.13	3.72	*0.00
CEREAL,VARIETY	SERVING	50	52	0	86	0.60	2.07	49.0	220	2.52	*N/A*	0.7	10.7	0.7	0.05	0.00
FRUIT,FRESH ASSORTED	1 EACH	100	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
Blueberries	1/2 c	100	40	0	0	2.20	0.14	6.0	36	2.0	*N/A*	0.32	9.5	0.5	0.04	0.00
MILK - Variety	HALF PINT	100	103	7	157	0.00	0.06	210.0	200	*0.8	*N/A*	8.0	16.0	0.83	0.50	0.00
PICANTE SAUCE- BRAUN BEF-AMIGO	2 Tbsp	10	1	0	16	0.00	*N/A*	*N/A*	10	0.6	*N/A*	0.0	0.2	0.0	0.00	*N/A*
Weighted Daily Average			505	259	706	*7.19	*3.69	*410.9	946	*25.90	*12	22.92	74.79	13.38	4.35	*0.00
% of Calories											*9.5%	18.2%	59.3%	23.9%	7.8%	*0.0%
Nutrient Guideline			450-500		540										<10.00	

Tue - 08/13/2019																
BREAKFAST-1	Total	100														
BREAKFAST PIZZA	PIZZA	50	105	7	240	1.00	0.90	50.0	100	0.0	*N/A*	4.5	13.0	3.5	1.00	0.00
CEREAL,VARIETY	SERVING	50	52	0	86	0.60	2.07	49.0	220	2.52	*N/A*	0.7	10.7	0.7	0.05	0.00
FRUIT,FRESH ASSORTED	1 EACH	100	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
BANANAS	1 EACH	100	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
MILK - Variety	HALF PINT	100	103	7	157	0.00	0.06	210.0	200	*0.8	*N/A*	8.0	16.0	0.83	0.50	0.00
Weighted Daily Average			411	14	485	6.62	3.49	327.9	861	*30.09	*24	15.01	78.36	5.58	1.71	0.00
% of Calories											*23.1%	14.6%	76.3%	12.2%	3.7%	0.0%
Nutrient Guideline			450-500		540										<10.00	

Wed - 08/14/2019																
BREAKFAST-1	Total	100														
SCRAMBLED EGGS	1/4 CUP	50	45	93	85	0.00	0.45	47.5	135	0.15	2	4.09	1.6	2.4	0.79	*0.01
TOAST,WHOLE-WHEAT BREAD	2 SLICE	50	77	0	128	2.00	0.72	60.0	84	0.0	*N/A*	4.0	11.0	2.36	0.42	0.42
CEREAL,VARIETY	SERVING	50	52	0	86	0.60	2.07	49.0	220	2.52	*N/A*	0.7	10.7	0.7	0.05	0.00
FRUIT,FRESH ASSORTED	1 EACH	100	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
GRAPES,Fresh	1/2 CUP	100	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
MILK - Variety	HALF PINT	100	103	7	157	0.00	0.06	210.0	200	*0.8	*N/A*	8.0	16.0	0.83	0.50	0.00
JELLY	1 TBSP	10	5	0	1	0.02	0.00	0.1	0	0.02	1	0.0	1.33	0.0	0.00	*N/A*
CREAM CHEESE	1 TBSP	10	5	1	5	0.00	0.00	1.4	16	0.0	0	0.09	0.08	0.5	0.29	*N/A*
BUTTER: individual	PAT	10	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Weighted Daily Average % of Calories			379	102	463	5.42	3.63	388.3	979	*23.31	*21 *22.5%	17.89 18.9%	64.19 67.7%	7.16 17.0%	2.16 5.1%	*0.43 *1.0%
Nutrient Guideline			450-500		540										<10.00	

Thu - 08/15/2019																
BREAKFAST-1	Total	100														
BANANA BREAD SQUARES	SERVING	50	73	9	40	0.38	0.44	16.2	15	0.55	*6	1.2	12.52	2.13	0.74	*0.00
SAUSAGE MINI LINK(1)-EDDY'S*	LINK	50	85	18	215	0.00	0.36	10.0	0	0.0	*N/A*	4.0	1.5	6.5	2.25	0.00
CEREAL,VARIETY	SERVING	50	52	0	86	0.60	2.07	49.0	220	2.52	*N/A*	0.7	10.7	0.7	0.05	0.00
PEACHES, SLICED-WORLD H ORIZONS	1/2 CUP	100	70	0	10	1.00	0.36	20.0	100	1.2	*N/A*	1.0	17.0	0.0	0.00	0.00
FRUIT,FRESH ASSORTED	1 EACH	100	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
MILK - Variety	HALF PINT	100	103	7	157	0.00	0.06	210.0	200	*0.8	*N/A*	8.0	16.0	0.83	0.50	0.00
SYRUP, SMUCKERS BREAKFAST	1 EACH	50	55	0	12	0.00	0.00	0.0	0	0.0	*N/A*	0.0	14.5	0.0	0.00	0.00
Weighted Daily Average % of Calories			499	33	522	4.37	3.49	319.1	811	*23.05	*17 *13.6%	15.61 12.5%	87.81 70.4%	10.38 18.7%	3.59 6.5%	*0.00 *0.0%
Nutrient Guideline			450-500		540										<10.00	

Fri - 08/16/2019																
BREAKFAST-1	Total	100														
WAFFLES, WG BAKER CRAFT ERS	2 EA	50	70	0	120	1.00	0.72	60.0	0	0.0	*N/A*	2.0	12.0	2.0	0.00	0.00
CEREAL,VARIETY	SERVING	50	52	0	86	0.60	2.07	49.0	220	2.52	*N/A*	0.7	10.7	0.7	0.05	0.00
APPLESAUCE:cnnd,unswtnd,+vit C	1/2 CUP	50	26	0	1	0.67	0.14	2.4	18	12.93	*N/A*	0.1	6.87	0.06	0.00	*N/A*
FRUIT,FRESH ASSORTED	1 EACH	50	30	0	0	1.19	0.10	6.9	138	8.99	6	0.36	7.8	0.11	0.02	0.00
MILK - Variety	HALF PINT	100	103	7	157	0.00	0.06	210.0	200	*0.8	*N/A*	8.0	16.0	0.83	0.50	0.00
SYRUP, SMUCKERS BREAKFAST	1 EACH	50	55	0	12	0.00	0.00	0.0	0	0.0	*N/A*	0.0	14.5	0.0	0.00	0.00
BUTTER: individual	PAT	50	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			336	7	377	3.47	3.09	328.4	576	*25.24	*6 *6.7%	11.16 13.3%	67.87 80.8%	3.70 9.9%	0.58 1.5%	*0.00 *0.0%
Nutrient Guideline			450-500		540										<10.00	

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**Victoria I.S.D.**

**Aug 12, 2019 thru Aug 16, 2019**

Base Menu Spreadsheet

BREAKFAST-1

Weighted Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Weighted Average			426	83	511	*5.41	*3.47	*354.9	835	*25.52	*16 *33.7%	16.52 15.5%	74.60 70.1%	8.04 17.0%	2.48 5.2%	*0.09 *0.2%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	426		450 - 500	95%		24		Correction Required - Calories are Low
Cholesterol (mg)	83							
Sodium 1 (mg)	511		540					
Sodium 2 (mg)	511		485				26	Correction Required - Sodium too High
Fiber (g)	5.41				Missing			
Iron (mg)	3.47				Missing			
Calcium (mg)	354.9				Missing			
Vitamin A (IU)	835							
Sugars (g)	16	14.96%			Missing			
Vitamin C (mg)	25.52				Missing			
Protein (g)	16.52	15.51%						
Carbohydrate (g)	74.60	70.07%						
Total Fat (g)	8.04	16.99%						
Saturated Fat (g)	2.48	5.23%	<10.00%					
Trans Fat <sup>1</sup> (g)	0.09	0.18%			Missing			

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Mon - 08/19/2019																
BREAKFAST- 2	Total	100														
SAUSAGE ROLLS-BREAKFAST	1 each	50	75	0	134	0.50	0.72	5.0	0	*0.0	*N/A*	1.99	12.93	1.49	0.50	0.00
CEREAL,VARIETY	SERVING	50	52	0	86	0.60	2.07	49.0	220	2.52	*N/A*	0.7	10.7	0.7	0.05	0.00
PINEAPPLE CHUNKS:canned,lt syr	1/2 CUP	100	66	0	1	1.01	0.49	17.6	48	9.45	16	0.45	16.95	0.15	0.01	0.00
FRUIT,FRESH ASSORTED	1 EACH	100	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
MILK - Variety	HALF PINT	100	103	7	157	0.00	0.06	210.0	200	*0.8	*N/A*	8.0	16.0	0.83	0.50	0.00
JELLY	1 TBSP	20	10	0	1	0.04	0.01	0.3	0	0.03	2	0.01	2.66	0.0	0.00	*N/A*
Weighted Daily Average			366	7	381	4.53	3.54	295.7	745	*30.79	*29	11.86	74.83	3.39	1.10	*0.00
% of Calories											*31.9%	13.0%	81.8%	8.3%	2.7%	*0.0%
Nutrient Guideline			450-500		540										<10.00	

Tue - 08/20/2019																
BREAKFAST- 2	Total	100														
DONUT HOLES- RICH'S	SERV	50	140	0	150	1.50	0.40	6.9	6	0.0	*N/A*	2.5	15.0	7.5	3.50	0.00
GLAZE	1 TBSP	50	7	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	1.81	0.0	0.00	*N/A*
CEREAL,VARIETY	SERVING	50	52	0	86	0.60	2.07	49.0	220	2.52	*N/A*	0.7	10.7	0.7	0.05	0.00
JUICE-VARIETY	4 OZ	100	67	*0	14	*0.00	0.14	5.3	*0	29.25	*N/A*	*0.27	16.38	*0.0	*0.00	*0.00
FRUIT,FRESH ASSORTED	1 EACH	100	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
MILK - Variety	HALF PINT	100	103	7	157	0.00	0.06	210.0	200	*0.8	*N/A*	8.0	16.0	0.83	0.50	0.00
Weighted Daily Average			429	*7	408	*4.49	2.87	285.1	*702	*50.55	*11	*12.19	75.48	*9.25	*4.09	*0.00
% of Calories											*10.6%	*11.4%	70.3%	*19.4%	*8.6%	*0.0%
Nutrient Guideline			450-500		540										<10.00	

Wed - 08/21/2019																
BREAKFAST- 2	Total	100														
SAUS-A-RAGE-PIERRE-BRAU N BEEF	3.15 OZ.	40	93	7	208	0.32	0.69	31.5	12	0.06	*N/A*	3.64	10.32	4.2	2.12	0.00
CEREAL,VARIETY	SERVING	60	62	0	104	0.72	2.48	58.8	264	3.02	*N/A*	0.84	12.84	0.84	0.06	0.00
PEACHES, SLICED-WORLD H ORIZONS	1/2 CUP	100	70	0	10	1.00	0.36	20.0	100	1.2	*N/A*	1.0	17.0	0.0	0.00	0.00
FRUIT,FRESH ASSORTED	1 EACH	100	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
MILK - Variety	HALF PINT	100	103	7	157	0.00	0.06	210.0	200	*0.8	*N/A*	8.0	16.0	0.83	0.50	0.00
JELLY	1 TBSP	50	25	0	3	0.10	0.02	0.7	0	0.09	5	0.01	6.65	0.0	0.00	*N/A*

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Weighted Daily Average % of Calories			414	13	483	4.53	3.81	334.8	854	*23.15	*16 *15.6%	14.21 13.7%	78.40 75.7%	6.09 13.2%	2.73 5.9%	*0.00 *0.0%
Nutrient Guideline			450-500		540											<10.00

Thu - 08/22/2019																
BREAKFAST- 2	Total	100														
PANCAKES AND SAUSAGE ON A STIC	1 PIECE	40	84	8	156	0.00	0.58	8.0	0	0.0	*N/A*	2.8	8.0	4.8	1.20	0.00
CEREAL, VARIETY	SERVING	60	62	0	104	0.72	2.48	58.8	264	3.02	*N/A*	0.84	12.84	0.84	0.06	0.00
FRUIT COCKTAIL-WORLD HO RIZON	1/2 CUP	100	126	0	6	1.50	0.54	0.0	150	7.2	*N/A*	1.5	31.5	1.5	0.00	0.00
FRUIT, FRESH ASSORTED	1 EACH	100	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
MILK - Variety	HALF PINT	100	103	7	157	0.00	0.06	210.0	200	*0.8	*N/A*	8.0	16.0	0.83	0.50	0.00
SYRUP, SMUCKERS BREAKFAST	1 EACH	50	55	0	12	0.00	0.00	0.0	0	0.0	*N/A*	0.0	14.5	0.0	0.00	0.00
Weighted Daily Average % of Calories			491	15	436	4.61	3.85	290.6	891	*29.01	*11 *9.2%	13.85 11.3%	98.43 80.2%	8.19 15.0%	1.80 3.3%	0.00 0.0%
Nutrient Guideline			450-500		540											<10.00

Fri - 08/23/2019																
BREAKFAST- 2	Total	100														
Pretzel Egg Sandwich	1 ea	30	142	69	239	*0.90	1.16	74.0	193	0.1	*1	9.39	12.92	6.03	2.53	*0.00
CEREAL, VARIETY	SERVING	70	73	0	121	0.84	2.90	68.6	308	3.53	*N/A*	0.98	14.98	0.98	0.07	0.00
PEARS WITH CHERRIES	1/2 CUP	100	35	0	2	0.87	*0.16	*0.0	*0	*0.52	*N/A*	*N/A*	8.72	0.0	0.00	*N/A*
FRUIT, FRESH ASSORTED	1 EACH	100	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
MILK - Variety	HALF PINT	100	103	7	157	0.00	0.06	210.0	200	*0.8	*N/A*	8.0	16.0	0.83	0.50	0.00
JELLY	1 TBSP	50	25	0	3	0.10	0.02	0.7	0	0.09	5	0.01	6.65	0.0	0.00	*N/A*
SYRUP, SMUCKERS BREAKFAST	1 EACH	50	55	0	12	0.00	0.00	0.0	0	0.0	*N/A*	0.0	14.5	0.0	0.00	0.00
Weighted Daily Average % of Calories			494	76	535	*5.10	*4.49	*367.1	*978	*23.02	*17 *13.9%	*19.10 *15.5%	89.37 72.4%	8.06 14.7%	3.15 5.7%	*0.00 *0.0%
Nutrient Guideline			450-500		540											<10.00

Weighted Average			439	*23	448	*4.65	*3.71	*314.7	*834	*31.30	*17 *34.9%	*14.24 *13.0%	83.30 75.9%	*6.99 *14.3%	*2.58 *5.3%	*0.00 *0.0%
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Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
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Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	439		450 - 500	98%		11		Correction Required - Calories are Low
Cholesterol (mg)	23				Missing			
Sodium 1 (mg)	448		540					
Sodium 2 (mg)	448		485					
Fiber (g)	4.65				Missing			
Iron (mg)	3.71				Missing			
Calcium (mg)	314.7				Missing			
Vitamin A (IU)	834				Missing			
Sugars (g)	17	15.53%			Missing			
Vitamin C (mg)	31.30				Missing			
Protein (g)	14.24	12.98%			Missing			
Carbohydrate (g)	83.30	75.92%						
Total Fat (g)	6.99	14.34%			Missing			
Saturated Fat (g)	2.58	5.28%	<10.00%		Missing			
Trans Fat <sup>1</sup> (g)	0.00	0.00%			Missing			

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Mon - 08/26/2019																
BREAKFAST - 3	Total	100														
CHOCOLATE MUFFIN	1 EA	50	90	*N/A*	53	1.00	0.72	0.0	0	*N/A*	*N/A*	1.5	13.5	3.0	0.75	0.00
SAUSAGE MINI LINK(1)-EDDY'S*	LINK	50	85	18	215	0.00	0.36	10.0	0	0.0	*N/A*	4.0	1.5	6.5	2.25	0.00
CEREAL,VARIETY	SERVING	50	52	0	86	0.60	2.07	49.0	220	2.52	*N/A*	0.7	10.7	0.7	0.05	0.00
PEACHES, SLICED-WORLD H ORIZONS	1/2 CUP	100	70	0	10	1.00	0.36	20.0	100	1.2	*N/A*	1.0	17.0	0.0	0.00	0.00
FRUIT,FRESH ASSORTED	1 EACH	100	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
MILK - Variety	HALF PINT	40	41	3	63	0.00	0.02	84.0	80	*0.32	*N/A*	3.2	6.4	0.33	0.20	0.00
SYRUP, SMUCKERS BREAKFAST	1 EACH	50	55	0	12	0.00	0.00	0.0	0	0.0	*N/A*	0.0	14.5	0.0	0.00	0.00
Weighted Daily Average			454	*20	440	4.99	3.73	176.8	677	*22.02	*11	11.11	79.19	10.75	3.30	0.00
% of Calories											*10.0%	9.8%	69.8%	21.3%	6.5%	0.0%
Nutrient Guideline			450-500		540										<10.00	

Tue - 08/27/2019																
BREAKFAST - 3	Total	100														
OATMEAL	SERVINGS	50	59	0	112	1.02	0.38	3.6	38	0.0	*2	1.78	9.42	1.61	0.28	*0.00
SAUSAGE PATTIES-TURKEY JIMMY D	PATTY	50	55	20	180	0.00	0.54	10.0	0	0.0	*N/A*	6.0	0.5	4.0	1.00	0.00
CEREAL,VARIETY	SERVING	50	52	0	86	0.60	2.07	49.0	220	2.52	*N/A*	0.7	10.7	0.7	0.05	0.00
Blueberries	1/2 c	100	40	0	0	2.20	0.14	6.0	36	2.0	*N/A*	0.32	9.5	0.5	0.04	0.00
FRUIT,FRESH ASSORTED	1 EACH	100	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
MILK - Variety	HALF PINT	100	103	7	157	0.00	0.06	210.0	200	*0.8	*N/A*	8.0	16.0	0.83	0.50	0.00
SYRUP, SMUCKERS BREAKFAST	2 EACH	50	110	0	25	0.00	0.00	0.0	0	0.0	*N/A*	0.0	29.0	0.0	0.00	0.00
Weighted Daily Average			480	27	561	6.21	3.38	292.4	771	*23.30	*13	17.52	90.71	7.86	1.92	*0.00
% of Calories											*11.1%	14.6%	75.7%	14.7%	3.6%	*0.0%
Nutrient Guideline			450-500		540										<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Wed - 08/28/2019																
BREAKFAST - 3	Total	100														
CINNAMON ROLL RICHES	1 EACH	50	90	2	70	1.55	0.50	10.2	191	0.19	*N/A*	2.5	18.5	0.5	0.25	0.00
CEREAL,VARIETY	SERVING	50	52	0	86	0.60	2.07	49.0	220	2.52	*N/A*	0.7	10.7	0.7	0.05	0.00
GRAPES,Fresh	1/2 CUP	100	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
FRUIT,FRESH ASSORTED	1 EACH	100	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
MILK - Variety	HALF PINT	100	103	7	157	0.00	0.06	210.0	200	*0.8	*N/A*	8.0	16.0	0.83	0.50	0.00
Weighted Daily Average			337	9	315	4.95	2.96	289.5	934	*23.33	*19	12.20	68.68	2.41	0.90	0.00
% of Calories											*22.4%	14.5%	81.6%	6.4%	2.4%	0.0%
Nutrient Guideline			450-500		540										<10.00	

Thu - 08/29/2019																
BREAKFAST - 3	Total	100														
BREAKFAST PIZZA	PIZZA	50	105	7	240	1.00	0.90	50.0	100	0.0	*N/A*	4.5	13.0	3.5	1.00	0.00
CEREAL,VARIETY	SERVING	50	52	0	86	0.60	2.07	49.0	220	2.52	*N/A*	0.7	10.7	0.7	0.05	0.00
BANANAS	1 EACH	100	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
FRUIT,FRESH ASSORTED	1 EACH	100	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
MILK - Variety	HALF PINT	100	103	7	157	0.00	0.06	210.0	200	*0.8	*N/A*	8.0	16.0	0.83	0.50	0.00
Weighted Daily Average			411	14	485	6.62	3.49	327.9	861	*30.09	*24	15.01	78.36	5.58	1.71	0.00
% of Calories											*23.1%	14.6%	76.3%	12.2%	3.7%	0.0%
Nutrient Guideline			450-500		540										<10.00	

Fri - 08/30/2019																
BREAKFAST - 3	Total	100														
EGG & HAM TAQUITO	TAQUITO	50	101	88	323	0.50	1.49	52.8	119	0.0	*0	6.26	9.16	4.09	0.79	*0.01
CEREAL,VARIETY	SERVING	50	52	0	86	0.60	2.07	49.0	220	2.52	*N/A*	0.7	10.7	0.7	0.05	0.00
PEARS WITH CHERRIES	1/2 CUP	100	35	0	2	0.87	*0.16	*0.0	*0	*0.52	*N/A*	*N/A*	8.72	0.0	0.00	*N/A*
FRUIT,FRESH ASSORTED	1 EACH	100	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
MILK - Variety	HALF PINT	100	103	7	157	0.00	0.06	210.0	200	*0.8	*N/A*	8.0	16.0	0.83	0.50	0.00
PICANTE SAUCE- BRAUN BEF-AMIGO	2 Tbsp	50	5	0	80	0.00	*N/A*	*N/A*	50	3.0	*N/A*	0.0	1.0	0.0	0.00	*N/A*
Weighted Daily Average			357	95	649	4.36	*3.97	*325.7	*865	*24.83	*11	*15.68	61.18	5.84	1.38	*0.01
% of Calories											*12.8%	*17.6%	68.6%	14.7%	3.5%	*0.0%
Nutrient Guideline			450-500		540										<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Weighted Average			407	*33	490	5.42	*3.51	*282.5	*822	*24.71	*16 *34.7%	*14.30 *14.0%	75.63 74.3%	6.49 14.3%	1.84 4.1%	*0.00 *0.0%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	407		450 - 500	91%		43		Correction Required - Calories are Low
Cholesterol (mg)	33				Missing			
Sodium 1 (mg)	490		540				5	Correction Required - Sodium too High
Sodium 2 (mg)	490		485					
Fiber (g)	5.42							
Iron (mg)	3.51				Missing			
Calcium (mg)	282.5				Missing			
Vitamin A (IU)	822				Missing			
Sugars (g)	16	15.43%			Missing			
Vitamin C (mg)	24.71				Missing			
Protein (g)	14.30	14.04%			Missing			
Carbohydrate (g)	75.63	74.26%						
Total Fat (g)	6.49	14.33%						
Saturated Fat (g)	1.84	4.06%	<10.00%					
Trans Fat <sup>1</sup> (g)	0.00	0.00%			Missing			

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Mon - 09/02/2019																
BREAKFAST - 4	Total	100														
PANCAKES	2 EACH	50	127	30	91	0.52	1.09	77.4	43	0.08	*2	3.38	16.48	5.31	0.93	*0.00
CEREAL,VARIETY	SERVING	50	52	0	86	0.60	2.07	49.0	220	2.52	*N/A*	0.7	10.7	0.7	0.05	0.00
FRUIT,FRESH ASSORTED	1 EACH	100	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
APPLESAUCE:cann,unswtnd,+vit C	1/2 CUP	100	51	0	2	1.34	0.28	4.9	35	25.86	*N/A*	0.21	13.75	0.12	0.01	*N/A*
SYRUP, SMUCKERS BREAKFAST	1 EACH	100	110	0	25	0.00	0.00	0.0	0	0.0	*N/A*	0.0	29.0	0.0	0.00	0.00
BUTTER: individual	PAT	50	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			401	30	206	4.85	3.63	145.2	575	46.45	*13	5.00	85.53	6.34	1.03	*0.00
% of Calories											*13.4%	5.0%	85.4%	14.2%	2.3%	*0.0%
Nutrient Guideline			450-500		540										<10.00	

Tue - 09/03/2019																
BREAKFAST - 4	Total	100														
DONUT HOLES- RICH'S	SERV	50	140	0	150	1.50	0.40	6.9	6	0.0	*N/A*	2.5	15.0	7.5	3.50	0.00
GLAZE	1 TBSP	50	7	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	1.81	0.0	0.00	*N/A*
CEREAL,VARIETY	SERVING	50	52	0	86	0.60	2.07	49.0	220	2.52	*N/A*	0.7	10.7	0.7	0.05	0.00
FRUIT,FRESH ASSORTED	1 EACH	100	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
JUICE-VARIETY	4 OZ	100	67	*0	14	*0.00	0.14	5.3	*0	29.25	*N/A*	*0.27	16.38	*0.0	*0.00	*0.00
MILK - Variety	HALF PINT	100	103	7	157	0.00	0.06	210.0	200	*0.8	*N/A*	8.0	16.0	0.83	0.50	0.00
Weighted Daily Average			429	*7	408	*4.49	2.87	285.1	*702	*50.55	*11	*12.19	75.48	*9.25	*4.09	*0.00
% of Calories											*10.6%	*11.4%	70.3%	*19.4%	*8.6%	*0.0%
Nutrient Guideline			450-500		540										<10.00	

Wed - 09/04/2019																
BREAKFAST - 4	Total	100														
SCRAMBLED EGGS	1/4 CUP	50	45	93	85	0.00	0.45	47.5	135	0.15	2	4.09	1.6	2.4	0.79	*0.01
TOAST,WHOLE-WHEAT BREAD	SLICE	50	47	0	73	1.00	0.36	30.0	84	0.0	*N/A*	2.0	5.5	2.11	0.42	0.42
CEREAL,VARIETY	SERVING	50	52	0	86	0.60	2.07	49.0	220	2.52	*N/A*	0.7	10.7	0.7	0.05	0.00
FRUIT,FRESH ASSORTED	1 EACH	100	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
PINEAPPLE CHUNKS:canned,lt syr	1/2 CUP	100	66	0	1	1.01	0.49	17.6	48	9.45	16	0.45	16.95	0.15	0.01	0.00
JELLY	1 TBSP	100	51	0	6	0.19	0.04	1.3	1	0.17	10	0.03	13.29	0.0	0.00	*N/A*
CREAM CHEESE	1 TBSP	100	51	15	46	0.00	0.02	14.1	161	0.0	1	0.89	0.8	4.99	2.93	*N/A*
BUTTER: individual	PAT	30	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Weighted Daily Average			372	108	298	5.19	3.61	173.4	926	30.28	*39	8.88	64.43	10.57	4.25	*0.43
% of Calories											*42.0%	9.6%	69.4%	25.6%	10.3%	*1.0%
Nutrient Guideline			450-500		540											<10.00

Thu - 09/05/2019																
BREAKFAST - 4	Total	100														
PANCAKES AND SAUSAGE ON A STIC	1 PIECE	50	105	10	195	0.00	0.72	10.0	0	0.0	*N/A*	3.5	10.0	6.0	1.50	0.00
CEREAL, VARIETY	SERVING	50	52	0	86	0.60	2.07	49.0	220	2.52	*N/A*	0.7	10.7	0.7	0.05	0.00
FRUIT, FRESH ASSORTED	1 EACH	100	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
FRUIT COCKTAIL-WORLD HO RIZON	1/2 CUP	100	126	0	6	1.50	0.54	0.0	150	7.2	*N/A*	1.5	31.5	1.5	0.00	0.00
MILK - Variety	HALF PINT	100	103	7	157	0.00	0.06	210.0	200	*0.8	*N/A*	8.0	16.0	0.83	0.50	0.00
SYRUP, SMUCKERS BREAKFAST	1 EACH	100	110	0	25	0.00	0.00	0.0	0	0.0	*N/A*	0.0	29.0	0.0	0.00	0.00
Weighted Daily Average			557	17	470	4.49	3.58	282.8	847	*28.50	*11	14.41	112.79	9.25	2.09	0.00
% of Calories											*8.1%	10.4%	81.0%	14.9%	3.4%	0.0%
Nutrient Guideline			450-500		540											<10.00

Fri - 09/06/2019																
BREAKFAST - 4	Total	100														
BAGEL WG	1 EACH	50	60	0	85	1.50	0.72	10.0	0	0.0	*N/A*	2.5	12.0	0.5	0.00	0.00
CEREAL, VARIETY	SERVING	50	52	0	86	0.60	2.07	49.0	220	2.52	*N/A*	0.7	10.7	0.7	0.05	0.00
APRICOTS, CONDENSED SYRUP PK, W/	1/2 CUP	100	111	0	5	3.63	0.68	22.7	2883	9.07	*N/A*	1.36	28.35	0.23	0.02	0.00
FRUIT, FRESH ASSORTED	1 EACH	100	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
MILK - Variety	HALF PINT	100	103	7	157	0.00	0.06	210.0	200	*0.8	*N/A*	8.0	16.0	0.83	0.50	0.00
CREAM CHEESE	1 TBSP	100	51	15	46	0.00	0.02	14.1	161	0.0	1	0.89	0.8	4.99	2.93	*N/A*
BUTTER: individual	PAT	100	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
JELLY	1 TBSP	100	51	0	6	0.19	0.04	1.3	1	0.17	10	0.03	13.29	0.0	0.00	*N/A*
Weighted Daily Average			488	21	385	8.31	3.78	320.9	3741	*30.55	*22	14.19	96.73	7.47	3.54	*0.00
% of Calories											*17.7%	11.6%	79.3%	13.8%	6.5%	*0.0%
Nutrient Guideline			450-500		540											<10.00

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**Victoria I.S.D.**

**Sep 2, 2019 thru Sep 6, 2019**

Base Menu Spreadsheet

BREAKFAST - 4

Weighted Values - Detailed

Page 3

Generated on: 7/10/2019 8:00:17 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Weighted Average			449	*37	353	*5.46	3.49	241.5	*1358	*37.26	*19 *38.8%	*10.93 *9.7%	86.99 77.5%	*8.58 *17.2%	*3.00 *6.0%	*0.09 *0.2%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	449		450 - 500	100%		1		Correction Required - Calories are Low
Cholesterol (mg)	37				Missing			
Sodium 1 (mg)	353		540					
Sodium 2 (mg)	353		485					
Fiber (g)	5.46				Missing			
Iron (mg)	3.49							
Calcium (mg)	241.5							
Vitamin A (IU)	1358				Missing			
Sugars (g)	19	17.23%			Missing			
Vitamin C (mg)	37.26				Missing			
Protein (g)	10.93	9.73%			Missing			
Carbohydrate (g)	86.99	77.45%						
Total Fat (g)	8.58	17.18%			Missing			
Saturated Fat (g)	3.00	6.02%	<10.00%		Missing			
Trans Fat <sup>1</sup> (g)	0.09	0.17%			Missing			

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