

Below is a list of examples to keep your sick child home:

1. The child is unable to participate in daily activities.
2. The child doesn't feel well enough to take part in normal activities.
3. The child needs more care than staff can give, and still care for the other children.
4. The illness is on this list and staying home is recommended.

And remember, the best way to prevent the spread of infection is through good handwashing.

Children with the following symptoms or illness should be kept home (excluded) from school:

Westgate Community School has the authority to change guidelines as the Tri-County Health Department guides them to do so during times of outbreak, epidemics, etc.

SYMPTOMS	CHILD MUST BE AT HOME?
DIARRHEA: Frequent, loose or watery stools compared to child's normal ones that are not caused by food or medicine.	YES: If child looks or acts sick; if child has diarrhea with fever and isn't acting normally; if child has diarrhea with vomiting; if child has diarrhea that is not contained in the toilet or pants. 24 hours until symptom free without the help of medication. If Norovirus is suspected, 48 hours.
VOMITING: Throwing up one or more times in the past 24 hours.	YES: 24 hours until symptom free without the help of medication. If Norovirus is suspected, stay home 48 hours until symptom free. If the child has a recent head injury watch for other signs of illness and for dehydration.
FEVER: Higher than 99.5 degrees with behavior change or other illness.	YES: For at least 24 hours after the fever is gone, without the help of medication.
"FLU-LIKE" SYMPTOMS: Fever over 99.5 degrees with a cough or sore throat. Other symptoms can include tiredness, body aches, vomiting and diarrhea.	YES: For at least 24 hours after the fever is gone, without the help of medication.
COUGHING: Children with asthma may go to school with a written health care plan and the school is allowed to give them medicine and treatment.	YES: If severe, uncontrolled coughing or wheezing, rapid or difficulty breathing and medical attention is necessary. Due to pertussis issues in our area, cough lasting for over 2 weeks needs a physician's written note that pertussis was ruled out.
MILD RESPIRATORY OR COLD SYMPTOMS: Stuffy nose with clear drainage, sneezing, mild cough, sore throat.	NO: May attend if able to take part in school activities. Keep home if symptoms are severe. This includes fever and the child is not acting normal and/or has trouble breathing.
RASH WITH FEVER: Body rash without fever or behavior changes usually does not need to stay home from school, call the doctor.	YES: Call the doctor. Any rash that spreads quickly, has open, weeping wounds and/or is not healing should be evaluated.
HEAD LICE: Children with nits (eggs) and/or live lice.	YES: After repeated issues with lice, Westgate has decided to have a NO nit policy. The NO nit policy has decreased in the spreading of lice. Stay home for at least 24 hours after the first treatment and re-treat in 7-10 days.

There will be times that a physician states that a child is cleared to be at school, however Westgate Community School follows Colorado Department of Public Health and Environment (CDPHE) guidelines and has the right to tighten their guidelines as best fits the safety and well being of our community. Therefore, some children will not be allowed to attend school even with a physician's written ok.