

SEPTEMBER 2019

Parker Unified School District #27

Choice of Fat Free White or
Fat Free Chocolate Milk
Offered At Both Breakfast and Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
No School 2	Strawberry Uncrustable Apple & Juice 3	Apple Nutri Grain bar Apple Slices Craisins 4	Donuts Juice & Grapes 5	Banana Bread Pear Craisins 6
Oatmeal Chocolate Chip Bar Apple & Juice 9	Green Chili Burrito w / Salsa Corn Pears	Chicken Patty Sandwich Lettuce, Tomato & Pickle French Fries Watermelon	Spaghetti Salad Apple	Deli Sub Sandwich Lettuce, Tomato & Pickles Baked Chips Orange
Hot Dog on a Bun Tator Tots Carrots & Ranch Apple	Apple Cinnamon Muffin Juice & Grapes 10	Zucchini Bread Craisins Apple Slices 11	Blueberry Nutri Grain Bar Grapes & Juice 12	Banana Muffin Apple Slices Craisins 13
Strawberry Uncrustable Grapes & Juice 16	Chicken & Cheese Burrito w / Salsa Refried Beans Pears	Chicken Nuggets Wheat Roll Green Beans Melon	Cheese Pizza Broccoli Fruit Cup	Ham Sandwich Lettuce, Tomato & Pickles Baked Chips Orange
Rib-B-Que Sandwich Curly Fries Apple	Chocolate Chip Muffin Apple Slices & Juice 17	Lemon Chip Crunch Bar Craisins & Pear 18	Pumpkin Bread Slice Apple & Craisins 19	Pop Tart Craisins & Juice 20
Cinnamon Roll Apple & Craisins 23	Beef Taquitos w/ Salsa Refried Beans Pears	Chicken Patty Sandwich Lettuce, Tomato & Pickle French Fries Watermelon	Ravioli Salad Fruit Cup	Turkey Sandwich Lettuce, Tomato & Pickles Baked Chips Orange
BBQ Pork Sandwich Potato Wedges Apple	Blueberry Muffin Grapes & Juice 24	Breakfast Bar Apple Slices & Juice 25	Apple Cinnamon Muffin Pear & Craisins 26	Pop Tart Apple Slice & Juice 27
Oatmeal Chocolate Chip Bar Craisins & Juice 30	Chicken Taco w/ Salsa Lettuce & Tomato Refried Beans Pears	Cheeseburger Lettuce, Tomato & Pickles French Fries Cantaloupe	Pepperoni Pizza Salad Fruit Cup	Bologna Sandwich Lettuce, Tomato & Pickles Baked Chips Orange
Corn Dog Tator Tots Apple				

Menu Subject To Change Without Notice

Parker Unified School District Is An Equal Opportunity Provider and Employer