

# 2018-19 Sports Information

View Competition Schedules at <http://www.greaterspokaneleague.org>

Register at U-High Business Office window in the Commons.

**PLEASE PICK-UP REGISTRATION FORMS AT U-HIGH. Details specific to U-High will be attached to the Safety Guidelines.**

\$35.00 ASB/GSL fee, \$10 General Athletic fee, District Participation Fee\*and overdue fines are due with paperwork.

\*The Participation Fee is based on lunch status: \$60 if pays full lunch cost, \$30 if on reduced lunch, or \$0 if free lunch

A new Concussion Information Form must be signed and submitted each school year.

A new Sudden Cardiac Arrest Form must be signed and submitted each school year.

**A PHYSICAL is required BEFORE an athlete may start, practice or tryout. The Physical must NOT EXPIRE BEFORE THE END date of the season and must be on file at U-High.**

*The below Season Ending dates are the last day of the Varsity State tournament.*

**MEDICAL INSURANCE:** Medical insurance is **required** to participate in any sport and Marching Band. **Proof of insurance will be required.** Low Cost School insurance forms are available at the office for anyone lacking adequate coverage.

## FALL SPORTS:

Football (Boys)	Papers due by Tues. 8/14	Starts 8/15	Ends 12/1
Cross Country (Boys & Girls)	Papers due by Thurs. 8/16	Starts 8/20	Ends 11/3
Volleyball (Girls)	Papers due by Thurs. 8/16	Starts 8/20	Ends 11/10
Soccer (Girls)	Papers due by Thurs. 8/16	Starts 8/20	Ends 11/17
Slow-pitch Softball (Girls)	Papers due by Fri. 8/24	Starts 8/27	Ends 10/27

Fall Sports papers and fees can be turned in **starting Mon. 8/13, 7:00am-1pm.** BUSINESS OFFICE IS CLOSED FRIDAY 8/17. **Football papers must be received by 1pm on Tue. 8/14.** For sports starting **Mon. 8/20, all papers must be received by 1pm on Thursday. 8/16.**

**\*\*Slow-pitch Softball papers can be turned in 8/13-8/24**

Sports forms are available in the high school office all summer and fines can be paid Monday thru Thursday all summer 7am-1pm. Additional forms may be found on the District website [www.cvsd.org](http://www.cvsd.org) or University High Schools website [www.uhs.cvsd.org](http://www.uhs.cvsd.org) under Sports and Activities

**\*\*Tryout & practice time schedules will be posted at U-High and will be included in the August newsletter.**

## WINTER SPORTS:

Gymnastics (Girls)	Papers due by Fri. 11/2	Starts 11/5	Ends 2/16/19
Wrestling (Boys & Girls)	Papers due by Fri. 11/2	Starts 11/12	Ends 2/16/19
Basketball (Boys & Girls)	Papers due by Fri. 11/2	Starts 11/12	Ends 3/2/19

**SPRING SPORTS:** \*An Athlete's Participation Fee (\$60/\$30/\$0) is **NOT** required for their **3<sup>rd</sup> SPORT** each year.

**Golf\*\*\*** (Boys & Girls) Papers due by Thur. 2/14 Starts 2/25 Ends 5/23

\*\*\* Transportation to local golf courses is seldom provided by the school.

Baseball (Boys), Soccer (Boys), Fast-pitch Softball (Girls), Tennis (Boys & Girls),  
Track & Field (Boys & Girls) Papers due by Thur. 2/14 Starts 2/25 Ends 5/25

## IMPORTANT

**An athlete will not be cleared to tryout or practice until**

**ALL of their sport's paperwork, fees & fines are processed**

**AND the office has determined they are fully eligible.**

**Contact Mr. VanSickle (558-6045) if difficulty paying fees before tryout or if the athlete attended another school district during the prior 12 mos.**

Athletes must be enrolled in and passing a minimum of 5 semester classes (plus advisory) during the current and preceding semester. Freshmen must have passed 5 of their 3<sup>rd</sup> trimester classes in 8<sup>th</sup> grade to be eligible for Fall sports at U-High. Contact Mr. VanSickle if questions. Parents can look up their student's physical date, and the physical's expiration date, at [www.cvsd.org](http://www.cvsd.org) system or [www.uhs.cvsd.org](http://www.uhs.cvsd.org), select "Home Access Center" or <https://hac.cvsd.org>. Most physicals are good for 24 months from the date of exam. All students are encouraged to have a new physical before starting 9<sup>th</sup> grade.