




May 2019 Elementary Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Jackson in Action</p>  <p>www.jacksoninaction.org</p>		<p>1</p> <p><u>BREAKFAST</u> Oatmeal or Cereal with Cinnamon Toast</p> <p><u>LUNCH</u> Philly Cheese Steak or Loaded Turkey Sub Sun Chips</p>	<p>2</p> <p><u>BREAKFAST</u> Breakfast Bagel Pizza or Cereal</p> <p><u>LUNCH</u> BBQ on a Bun or Grilled Cheese Sandwich Steamed Corn</p>	<p>3</p> <p><u>BREAKFAST</u> Apple Cinnamon Muffin or Cereal with Ch Stick</p> <p><u>LUNCH</u> Cheese Burger or Deli Sub Baked Chips</p>
<p>6</p> <p><u>BREAKFAST</u> Biscuit with Sausage Gravy or Cereal</p> <p><u>LUNCH</u> Sausage Patti or Cheese Omelet Pancakes Hashbrown Tri Tator</p>	<p>7</p> <p><u>BREAKFAST</u> Pumpkin Bread or Cereal with Cheese Stick</p> <p><u>LUNCH</u> Chicken Strips or Fish Sticks Sun Chips Side Kick Juice</p>	<p>8</p> <p><u>BREAKFAST</u> EM Sausage Sandwich or Cereal with Sausage Patti</p> <p><u>LUNCH</u> Turkey Gravy or Meatloaf with Gravy Mashed Potatoes Dinner Roll</p>	<p>9</p> <p><u>BREAKFAST</u> French Toast Bites or Cereal w/Flavored Yogurt</p> <p><u>LUNCH</u> Nachos with Taco Meat or Buffalo Chicken Refried Beans</p>	<p>10</p> <p><u>BREAKFAST</u> Combo Bar or Cereal with Toast</p> <p><u>LUNCH</u> Pizza or Uncrustable with Cheese Stick Steamed Broccoli</p>
<p>13</p> <p><u>BREAKFAST</u> Cinnamon Roll or Cereal with Flavored Yogurt</p> <p><u>LUNCH</u> Breaded Pork Patti or Breaded Chicken Patti on a Bun Baked Beans</p>	<p>14</p> <p><u>BREAKFAST</u> Banana Bread or Cereal</p> <p><u>LUNCH</u> Ling's Buffalo Chicken Wrap or Ranch Chicken Wrap Doritos</p>	<p>15</p> <p><u>BREAKFAST</u> Fruit/Yogurt Parfait or Cereal w/Giant Goldfish Graham</p> <p><u>LUNCH</u> Italian Meatball Sub or Spicy Chicken on a Bun Crisscut Fries</p>	<p>16</p> <p><u>BREAKFAST</u> Combo Bar or Cereal with Toast</p> <p><u>LUNCH</u> Taco Pizza or Crispito Tortilla Chips Black Bean Salsa</p>	<p>17</p> <p><u>BREAKFAST</u> Toasted Bagel w/Cr Cheese or Cereal w/Cheese Stick</p> <p><u>LUNCH</u> Chicken Ala King over a Biscuit or BBQ Rib Patti on a Bun Mixed Vegetables</p>

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20 <u>BREAKFAST</u> Breakfast Burrito or Cereal <u>LUNCH</u> Ling's Oriental Chicken Rice Stir Fry Vegetables Fortune Cookie	21 <u>BREAKFAST</u> Pancakes or Cereal with Flavored Yogurt Cup <u>LUNCH</u> Spaghetti Meat Sauce or Chicken Alfredo Penne Pasta Garlic Bread Stick	22 <u>BREAKFAST</u> Blueberry Muffin or Cereal with Cheese Stick <u>LUNCH</u> Meatballs with Gravy or Turkey Gravy Mashed Potatoes Bread and Butter	23 <u>BREAKFAST</u> Breakfast Grilled Cheese or Cereal with Toast <u>LUNCH</u> Soft Shell with Taco Meat or Slow Cooked Chicken Taco Meat Refried Beans	24 <u>BREAKFAST</u> Pancake on a Stick or Cereal with Toast <u>LUNCH</u> Cold Ham/Cheese on a Bun or Cheese Burger on a Bun Baked French Fries
NO SCHOOL  HAPPY MEMORIAL DAY!	28 <u>BREAKFAST</u> Zucchini Bread or Cereal <u>LUNCH</u> BBQ on a Bun or Cold Turkey/Cheese on a Bun Seasoned Potato Wedges	29 <u>BREAKFAST</u> Breakfast Pizza or Cereal with Toast <u>LUNCH</u> Chicken Nuggets or Ham Slice Scalloped Potatoes Steamed Broccoli	30 <u>BREAKFAST</u> Breakfast Sandwich or Cereal w/ Flavored Yogurt <u>LUNCH</u> Hot Dog on a Bun or Uncrustable Macaroni and Cheese	31 <u>BREAKFAST</u> Combo Bar or Cereal with Toast <u>LUNCH</u> Individual Round Pizza Uncrustable with Cheese Stick Side Kick Juice

An optional mid-morning Grab 'n Go breakfast is offered at the Jr/Sr High School and includes:

100% fruit juice

Fresh fruit and vegetable selections

Grains: cereal, pancakes, breakfast bar, muffin, or cinnamon roll

Protein such as yogurt or a cheese stick

All meals are served with 8 oz of milk: non-fat chocolate, 1% low fat, or non-fat white milk.

GARDEN BAR IS STILL INCLUDED WITH THE MEAL OPTIONS: MANY VARIETES OF FRESH FRUITS AND VEGETABLES TO SELECT FROM TO COMPLIMENT YOUR MEAL.

This institution is an equal opportunity provider.