



Elementary SD 159

November 2018



Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
			French Toast Fresh Fruit 100% Fruit Juice	Golden Graham Cereal Bar Fresh Fruit 100% Fruit Juice
5	6	7	8	9
Blueberry Pomegranate Oat Bar Applesauce Cup 100% Fruit Juice	No School	Chocolate Chip Oat Bar Vanilla Graham Bear 100% Fruit Juice	Maple Waffles Fresh Fruit 100% Fruit Juice	Strawberry Yogurt Cheerios Mix Applesauce 100% Fruit Juice
12	13	14	15	16
Holiday No School	Pancakes Fresh Fruit 100% Fruit Juice	String Cheese Scooby Doo Graham Fresh Fruit 100% Fruit Juice	Strawberry Pancakes Applesauce Cups 100% Fruit Juice	Bagel & Cream Cheese Fresh Fruit 100% Fruit Juice
19	20	21	22	23
Apple Oat Bar Red Apple 100% Fruit Juice	French Toast Fresh Fruit 100% Fruit Juice	Fall Break No School	Holiday No School	Fall Break No School
26	27	28	29	30
Multi Grain Cheerio Bar Fresh Fruit 100% Fruit Juice	Strawberry Pancakes Applesauce Cups 100% Fruit Juice	Banana Muffin Fresh Fruit 100% Fruit Juice	Maple Waffles Fresh Fruit 100% Fruit Juice	Strawberry Oat Bar Fresh Fruit 100% Fruit Juice

Breakfast
(Milk included with meal)
\$1.30

Milk
\$0.50

Questions about the menu?
Mykela Collins
mkyler@dist159.com
708-283-9733

For more information or to "Ask the Dietitian", check out our website!




Comprehensive nutrition & allergy guides are available in the Foodservice Office.

(*) Contains Pork

Menu changes are occasionally necessary. Notice will be given when possible.