



COVID-19 FAQ

- **WHAT IS CORONAVIRUS (COVID-19)?**

Coronavirus (COVID-19) is a new virus that causes respiratory illness in people and can spread from person to person. The virus that causes COVID-19 originated in Wuhan, Hubei Province China. It is being closely monitored by the Centers for Disease Control and Prevention (CDC).

- **WHAT ARE THE SYMPTOMS?**

- Fever
- Cough
- Shortness of breath

- **HOW IS THE VIRUS SPREAD? IS THERE A VACCINE?**

COVID-19 is spread between people who are in close contact with one another (within about 6 feet) through coughing and sneezing. The virus also may be transmitted by touching an object or surface with the virus on it, then touching your mouth, nose, or eyes before washing your hands. There is currently no vaccine to protect against COVID-19.

- **WHAT CAN I DO TO PREVENT THE SPREAD OF THE VIRUS?**

- Wash hands with soap and water frequently, for at least 20 seconds
- Use alcohol-based sanitizers when soap and water are not available
- Use disposable tissues when coughing and sneezing; dispose of carefully and promptly
- If tissues are not available, direct your cough or sneeze into the crook of your arm/sleeve
- Avoid touching your eyes, nose, and mouth with unwashed hands
- Clean and disinfect “high-touch” objects and surfaces
- Stay home when you are sick, and remain home until fever-free for 24 hours without the use of fever-reducing medication
- Avoid close contact with anyone who has cold or flu-like symptoms
- Maintain healthy habits that support your immune system

- **WHAT IS CARLISLE CSD DOING TO REDUCE THE SPREAD OF VIRUSES?**

Carlisle CSD is closely monitoring COVID-19 and is in contact with the Centers for Disease Control, Iowa Department of Public Health and Warren County Department of Health to follow all recommended protocols and procedures. Trained staff routinely are monitoring individuals who exhibit fever, cough, and shortness of breath and are following appropriate assessment and monitoring protocols for students and staff who report feeling ill. The district is encouraging all students and staff to follow all preventative health measures, which include frequent hand washing, covering coughs, and staying home when sick.

Carlisle CSD is continuing to follow its standard procedure for routine cleaning and disinfection of schools, with special emphasis placed on disinfection of door handles and other frequently touched areas, as suggested by local and state health officials and the Iowa Department of Education. Custodial teams also are making sure all schools and buildings are properly stocked with needed supplies, including soap and paper towels. Additionally, Facilities, Maintenance, and Operations cleaning agents are hospital grade disinfectants. Transportation Services also is preparing to enhance daily bus-cleaning efforts with the addition of interior sanitization, a practice often implemented by the department during cold and flu season. Plans call for buses to be sanitized with disinfectants after routes are completed each day, as a precautionary measure.

The district is continuing to monitor the situation to ensure all precautionary measures are in alignment with current guidance from local, state, and national health officials and in the best interest of students and staff.