

LUNCH APRIL 2019

MSD Columbia Campus Lynette.johnson@msd.edu

Available Daily: Fruit, Water, Skim, 1%, Fat Free, Chocolate & Strawberry Milk

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1</p> <p>Grains/Protein Fish Sticks (Tartar Sauce) Red Beans and Rice Dinner Roll</p> <p>Vegetables Mixed Vegetables</p> <p>Fruit Sliced Orange</p>	<p>2</p> <p>Grains/Protein Chicken Patty Whole Wheat Bun</p> <p>Vegetables Green Beans Scalloped Potatoes</p> <p>Fruit Pineapple Tidbits</p>	<p>3</p> <p>Grains/Protein Spaghetti with Meat Sauce Garlic Bread Parmesan Cheese</p> <p>Vegetables Roasted Cauliflower</p> <p>Fruit Banana</p>	<p>4</p> <p>Grains/Protein Turkey, Turkey Bacon Whole Wheat Bread</p> <p>Vegetables Romaine Lettuce Tomato Slice, Pickle Spears Minestrone Soup</p> <p>Fruit Grapes</p>	<p>5</p> <p>Grains/Protein Hot Dog with Chili Hot Dog Roll Vegetarian Baked Beans</p> <p>Vegetables Cucumber salad</p> <p>Fruit Sliced Apple</p>
<p>8</p> <p>Grains/Protein Cheese Pizza</p> <p>Vegetables California Blend Veggies Fresh Cucumber Slices Cool Cucumber/Yogurt Dip</p> <p>Fruit Sliced Orange</p>	<p>9</p> <p>Grains/Protein Beefsteak, Cheese Whole Wheat Roll</p> <p>Vegetables Lettuce, Tomato Baked Onion Rings</p> <p>Fruit Pineapple Tidbits</p>	<p>10</p> <p>Grains/Protein Chicken Nuggets (Dipping Sauce) Whole Wheat Roll</p> <p>Vegetables Sweet Potato Fries Green Beans</p> <p>Fruit Banana</p>	<p>11</p> <p>Grains/Protein Beef Teriyaki (Soy Sauce) Fried Rice Fortune Cookie</p> <p>Vegetables Broccoli Salad</p> <p>Fruit Grapes</p>	<p>12</p> <p>Grains/Protein Ground Beef Cheddar Cheese, Sour Cream Bagged Chips</p> <p>Vegetables Diced Tomato, Corn Shredded Lettuce</p> <p>Fruit Sliced Apple</p>
<p>15</p> <p>Grains/Protein Sloppy Joes Whole Grain Roll Tater Tots</p> <p>Vegetables Peas</p> <p>Fruit Sliced Orange</p>	<p>16</p> <p>Grains/Protein Corndogs Vegetarian Baked Beans</p> <p>Vegetables Carrot Slaw</p> <p>Fruit Pineapple Tidbits</p>	<p>17</p> <p>Grains/Protein Chicken in Alfredo Sauce Whole Wheat Twist Pasta Garlic Bread</p> <p>Vegetables Steamed Broccoli</p> <p>Fruit Banana</p>	<p>18</p> <p>Grains/Protein Baked Chicken (Gravy) Dinner Roll</p> <p>Vegetables Mashed Potatoes Collard Greens</p> <p>Fruit Grapes</p>	<p>19</p> <p>SCHOOL CLOSED FOR SPRING BREAK</p>
<p>22</p> <p>SCHOOL CLOSED FOR SPRING BREAK</p>	<p>23</p> <p>SCHOOL CLOSED FOR SPRING BREAK</p>	<p>24</p> <p>SCHOOL CLOSED FOR SPRING BREAK</p>	<p>25</p> <p>SCHOOL CLOSED FOR SPRING BREAK</p>	<p>26</p> <p>SCHOOL CLOSED FOR SPRING BREAK</p>
<p>29</p> <p>Grains/Protein Fish Sticks (Tartar Sauce) Red Beans and Rice Dinner Roll</p> <p>Vegetables Mixed Vegetables</p> <p>Fruit Sliced Orange</p>	<p>30</p> <p>Grains/Protein Chicken Patty Whole Wheat Bun</p> <p>Vegetables Green Beans Scalloped Potatoes</p> <p>Fruit Pineapple Tidbits</p>			