

STAYING AHEAD OF THE CURVE

CentraState Offers Scoliosis Screenings for Adolescent Spines

When an adolescent is diagnosed with scoliosis, the condition may worsen as he or she grows, so early screening—and early treatment—can be crucial before the curves of the spine worsen. Schroth Barcelona Institute certified therapists who specialize in adolescent scoliosis offer screenings at CentraState for boys and girls ages 10 to 17 years old. Each person who participates will receive a copy of the screening results that offer approximate measurements.


How does it work?

A scoliometer is a device that will be used to take measurements of the rotation at the trunk. If the readings are 5 degrees or above, it is recommended that the child be seen by an orthopedic specialist for scoliosis.

To prepare for the scoliosis screenings:

- A parent must be present and will need to sign a consent form for their child's participation.
- Girls will need to wear either a sports bra, bathing suit top, or fitted tank top. Screenings will be provided by physical therapists in a private comfortable area for boys and girls.

To learn more:

 732.294.2700

